

CLINICALLY STUDIED INGREDIENT FOR SLEEP†*



OPTIMAL SOLUTIONS®

GORGEOUS SLEEP GUMMIES

With Melatonin & Collagen

Promotes relaxation and sleep*

HEALTH & BEAUTY

5mg of Melatonin per serving



60 Berry Flavored gummies

DIETARY SUPPLEMENT



OPTIMAL SOLUTIONS®

Beauty Starts on the Inside™

At Nature's Bounty, we believe health and beauty go hand in hand. With nearly 50 years of making quality vitamins and more than 20 years in the beauty business, you can trust that every Nature's Bounty® product is backed by science, and made with the purest ingredients...guaranteed. Beauty Starts on the Inside™

- ✓ 5 mg of Melatonin per serving to promote relaxation and sleep*
- ✓ 100 mg of Collagen per serving
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

DIRECTIONS: For adults, take two (2) gummies, 30 minutes before bedtime.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	15
Total Carbohydrate	4g 1%**
Total Sugars	2g ***
Includes 2g Added Sugars	4%**
Melatonin	5 mg ***
Collagen	100 mg ***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Corn Syrup, Sugar, Gelatin. **Contains <2% of:** Natural Flavors, Citric Acid, Pectin, Vegetable Juice Color (from Violet Carrots), Vegetable Oil, Natural Palm Leaf Glaze.

For occasional sleeplessness*

†Melatonin

No Artificial Flavor, No Artificial Sweetener, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

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Made In The USA with select ingredients from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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