

LifeEssence^{**}

POWDER

WHOLE FOOD BASED

MULTIVITAMIN BEVERAGE MIX

AMAZINGLY ENERGIZING



Serving Size: 2 Level Scoops (6.9 a) Servings Per Container: 30

Vitamin B6 (as pyridoxine HCI)

Folate (as Quatrefolic® (6S)-5-

Ar	mount Per Serving	%DV
Calories	23.25	
Total Fat	0 g	0561
Total Carbohydrates	4.22 g	1561
Dietary Fiber	0.7 g	3%
Sugars	0 g	
Protein	0.97 g	2%
Vitamin A (as beta carotene) (10,0	00 IU) 6,000 mcg	667%
Vitamin C (as ascorbic acid)	600 mg	667%
Vitamin D3 (as VitaShine™ vegan cholecalciferol) (1000 IU)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate) (200 IU)	166 mg	1107%
Vitamin K2 (as menaquinone-7) (VitaMK7*)	40 mcg	33%
Thiamine (Vitamin B1) (as thiamin mononitrate)	e 23 mg	1917%
Riboflavin (Vitamin B2)	26 mg	2000%
Niacin (as niacinamide, niacin)	80 mg	500%

Supplemen	t Fac	cts	Amour	nt Per Serving	%DV
Serving Size: 2 Level Scoops (6.9 g)			Biotin (as d-biotin)	300 mcg	1000%
Servings Per Container: 30			Pantothenic acid (as d-calcium pantothenate)	100 mg	2000%
Amou	nt Per Serving	%DV	Choline (as Choline bitartrate)	75 mg	14%
Calories	23.25		Calcium (as Calcium lactate,	152.2 mg	12%
Total Fat	0 g	0%	d-calcium pantothenate)		
Total Carbohydrates	4.22 g	1561	Iodine (from North Atlantic kelp)	150 mcg	100%
Dietary Fiber	0.7 g	3%1	Magnesium (as Magnesium	150 mg	36%
Sugars	0 g		carbonate)		
Protein	0.97 g	2%!	Zinc (as Zinc lactate)	15 mg	136%
Vitamin A (as beta carotene) (10,000 I		667%	Selenium (as Selenium I-methyl	200 mcg	364%
Vitamin C (as ascorbic acid)	600 mg	667%	selenocysteine)		
Vitamin D3 (as VitaShine™ vegan	25 mcg	125%	Copper (as Copper gluconate)	1 mg	11156
cholecalciferol) (1000 IU)			Manganese (as Manganese citrate)	1 mg	43%
Vitamin E (as d-alpha tocopheryl succinate) (200 IU)	166 mg	1107%	Chromium (as Chromium polynicotinate)	200 mcg	571%
Vitamin K2 (as menaquinone-7)	40 mcg	33%	Molybdenum (as Molybdenum	50 mcg	111%

A	mount Per Serving %DV
Herbal Extracts	255 mg *
Bacopa monnieri extract (wh extract (root), American gins extract (root), Green tea extr Eleuthero extract (root), Pori	eng extract (root), Astragalus act (leaf), Organic Goji berry,
Antioxidants	85 mg *

ro extract (root), Poria cocos es		
dants -Cysteine, Alpha lipoic acid	85 mg	*
noids	80 mg	*

eridin (from Otrus sinensis), Quercetin (from lese Sophora bud extract), Rutin extract (from ora japonica L. bud)			Suggested Use: (2) cold water, juice, rice
tive Aids/Enzymes ase, Amylase, Cellulase, La	25 mg ctase, Lipase, Inverta	* ise	smoothie recipe. Storage: Keep close
als Sea Minerals, Boron (as Bor			Caution: Keep all su

nily Values are based on a 2,000 calorie diet. ne (DV) not established.	peanuts, soy, eggs, fish, shellfish
and the second second second second second	4.80

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to

diagnose, treat, cure or prevent any disease

7.3 OZ (207 G) | 30 SERVINGS

DIETARY SUPPLEMENT

Methyltetrahydrofolate, glucosamine salt) Vitamin B12 (as methylcobalamin)

200 mca 8333%

Atlantic kelp (stem and leaf) Octacosanol

SuperFood Complex

Co-Nutrients

Chlorella, Organic Oat grass juice extract, Organic North

Sunflower lecithin, Inositol, Mixed tocopherol complex,

1.138 a

450.3 mg

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