

SUGGESTED USE: TWO CAPSULES WITH FOOD ONE HOUR BEFORE BEDTIME. DO NOT EXCEED SUGGESTED USE. NOT RECOMMENDED FOR USE IN CHILDREN.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, contact a healthcare professional if you have a long-term medical condition, take regular medication or are planning surgery. Do not drive or operate machinery or equipment after taking this product. If you experience an adverse event, discontinue use and contact a healthcare professional. Supplements are not a substitute for medical therapy. Taking with a meal and a full glass of water may reduce stomach upset. **Do not use if pregnant, nursing or considering pregnancy. Keep out of reach of children.** Read ingredients carefully and avoid use if known sensitivity to any ingredient.

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.

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NEW CHAPTER

EST. 1982

Zyflamend™ NIGHTTIME

PURE & POTENT EXTRACTS

Deep, Satisfying Sleep &
Healthy Inflammation Support*

VEGETARIAN
60
CAPSULES



DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 Capsules
Servings per container 30

Amount per serving	%DV
Holy Basil (<i>Ocimum sanctum</i>) (leaf) hydroethanolic extract	150 mg *
Turmeric (<i>Curcuma longa</i>) (rhizome) 75 mg aqueous extract and 25 mg organic supercritical extract	100 mg *
Chinese Skullcap (<i>Scutellaria baicalensis</i>) (root) aqueous extract	100 mg *
Lemon Balm (<i>Melissa officinalis</i>) (leaf) supercritical extract	85 mg *
Chamomile (<i>Matricaria recutita</i>) (flower) 50 mg supercritical extract and 25 mg hydroethanolic extract	75 mg *
Hops (<i>Humulus lupulus</i>) (strobiles) 50 mg supercritical extract and 25 mg hydroethanolic extract	75 mg *
Ginger (<i>Zingiber officinale</i>) (rhizome) 61.5 mg aqueous extract and 13.5 mg organic supercritical extract	75 mg *
Valerian (<i>Valeriana officinalis</i>) (root) supercritical extract	40 mg *

* Daily Value (DV) not established

Other ingredients: Extra-virgin olive oil, hypromellose (capsule), organic yellow beeswax and candelilla wax.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA

For questions or comments call 888-874-4461

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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