

TWIN PACK ♦ TWIN PACK ♦ TWIN PACK ♦ TWIN PACK ♦ TWIN PACK ♦ TWIN PACK ♦

NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- ✓ Natural Cherry Flavor
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Vitamin B-12 supports energy by converting food into energy.\*

No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish. Sodium Free. Suitable for Vegetarians.

Nutrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at  
NaturesBountyRewards.com

Prod. No. 80109 B1471 00A



# NATURE'S BOUNTY®

QUICK DISSOLVE

# B-12

## 5000mcg

Aids in the Conversion of  
Food into Energy\*

ENERGY HEALTH



40 Quick Dissolve Tablets

VITAMIN SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) quick dissolve tablet daily. Place quick dissolve tablet under tongue for 30 seconds before swallowing.

## Supplement Facts

Serving Size 1 Quick Dissolve Tablet

Amount Per Serving	%Daily Value
Vitamin B-12 (as Cyanocobalamin) 5,000 mcg	208,333%
Coenzyme B-12 (as Dibenzozide) 100 mcg	**

\*\*Daily Value not established.

**Other Ingredients:** Mannitol, Crospovidone, Vegetable Stearic Acid, Natural Cherry Flavor. **Contains <2% of:** Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

★ Made In The USA with select ingredients from around the world

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**  
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NOT FOR RESALE