



NATURE'S BOUNTY

NEW!

Adult Multi

Complete
Multivitamin
With D3



PLUS
HERBAL
BLEND

100 Tablets

MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene, Vitamin A Acetate)	1,050 mcg 117%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin C (as Ascorbic Acid)	60 mg 67%	Magnesium (as Magnesium Oxide)	50 mg 12%
Vitamin D (as D3 Cholecalciferol)	25 mcg (1,000 IU) 125%	Zinc (as Zinc Oxide)	11 mg 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg 90%	Selenium (as Sodium Selenate)	55 mcg 100%
Vitamin K (as Phytonadione)	25 mcg 21%	Copper (as Cupric Sulfate)	0.5 mg 56%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	1.5 mg 125%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 131%	Chromium (as Chromium Picolinate)	35 mcg 100%
Niacin (as Niacinamide)	20 mg 125%	Molybdenum (as Sodium Molybdate)	45 mcg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 118%	Potassium (as Potassium Chloride)	80 mg 2%
Folate	666 mcg DFE (400 mcg folic acid) 167%	Herbal Blend	100 mg *
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%	(Green Tea (<i>Camellia sinensis</i>) (leaf), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Panax Ginseng Extract (<i>Panax ginseng</i>) (root), Grapeseed Extract (<i>Vitis vinifera</i>))	
Biotin (as d-Biotin)	30 mcg 100%	Vanadium (as Sodium Metavanadate)	10 mcg *
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%		
Calcium (as Calcium Carbonate, Dicalcium Phosphate)	200 mg 15%		
Iron (as Ferrous Fumarate)	18 mg 100%		

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Crospovidone, FD&C Blue #2, FD&C Yellow #6 Lake, Gelatin, Magnesium Silicate, Medium Chain Triglycerides, Polydextrose, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains fish (cod, cusk, flounder, haddock, hake, pollock, redfish, sole) ingredients.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by any persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Carefully Manufactured by NATURE'S BOUNTY, INC., Bohemia, NY 11716 U.S.A. ©2018 Nature's Bounty, Inc.

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Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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