

6,000 mg[†] of hydrolyzed collagen

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- + 18 amino acids
- + replenishes beauty proteins*
- + revitalizes skin, hair & nails*
- + excellent source of vitamin C



collagen

skin, hair & nail formula

enhanced with vitamin C

360 tablets dietary supplement

Collagen is the most abundant protein in the body and helps give structure to your skin, hair and nails. As you get older, your body's ability to produce new collagen will diminish over time - leading to visible signs of aging.

Youtheory® Collagen is designed to help counteract age-related collagen loss.* With 6,000 mg of bioactive collagen peptides per serving, this formula provides nutritional building blocks to support healthy aging and a more youthful appearance.*

It also supplies a daily dose of vitamin C to help aid normal collagen formation and boost antioxidant protection.*

Suggested Use: (Adults) Take six (6) tablets per day, all at once or in divided doses.

Supplement Facts		
Serving Size: 6 tablets		
Servings Per Container: 60		
	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	90 mg	100%
Hydrolyzed Collagen	6,000 mg	**
**Daily Value not established		

Other Ingredients: Magnesium stearate (vegetable source).

This product is manufactured in a facility that processes whey milk protein and fish extracts.

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only.

Alanine	8.1%	Leucine	2.9%
Arginine	8.4%	Lysine	3.4%
Aspartic Acid	6.6%	Methionine	0.6%
Glutamic Acid	12.4%	Phenylalanine	2.1%
Glycine	20.6%	Proline	11.5%
Histidine	0.8%	Serine	3.4%
Hydroxylysine	1.2%	Threonine	1.9%
Hydroxyproline	11.7%	Tyrosine	0.5%
Isoleucine	1.5%	Valine	2.4%

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.



dairy free



soy free



no gluten ingredients



no binders or fillers

manufactured by:



irvine, ca 92618 U.S.A.

888.271.8976

youtheory.com

youtheory | made for all of you



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.