

- + powerful adaptogen\*
- + supports the body during stress\*
- + enhances mitochondrial function & energy\*
- + boosts collagen production\*

Shilajit (shee-la-jeet) is one of the great wonders of Ayurveda. Rich in minerals and nutrients, this revitalizing superfood is sourced from deep within the Himalayan mountains.\* While authentic shilajit is rare, Youtheory® Shilajit is made with PrimaVie® — a patented authentic extract that is clinically tested for maximum effectiveness.



# shilajit

boosts energy\* | 500 mg†

60 vegetarian capsules dietary supplement

**Suggested Use:** Take two (2) capsules per day with a glass of water.

## Supplement Facts

Serving Size: 2 capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Shilajit (mineral pitch) PrimaVie®	500 mg	**

\*\*Daily Value not established

**Other Ingredients:** Vegetable cellulose (capsule), microcrystalline cellulose, vegetable magnesium stearate, croscarmellose sodium, silicon dioxide.

This product is manufactured in a facility that processes whey milk protein and fish extracts.

Shilajit ► Country of Origin: India

PrimaVie® is a registered trademark of Natreon, Inc.

†500 mg of Shilajit per daily serving.

**Usage Warnings:** Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

**WARNING:** Consuming this product can expose you to lead, a chemical known to the State of California to cause reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

manufactured by:



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**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**