

WARNING: If you are pregnant or breast feeding, consult your physician before using this product.

Recommendations: Take one (1) capsule daily preferably with a meal or as directed by a physician.

Keep container tightly closed, store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.
Contains no preservatives.
Bisphenol-A (BPA) & Phthalate Free

Manufactured Exclusively for:
Priority One Nutritional Supplements, Inc.
By: First Priority Manufacturing, Inc.
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GMP
Certified



Vegetarian Formulation

B-Complex

60 Vegetarian Capsules

A Dietary Supplement

Supplement Facts

Serving Size One (1) Vegetarian Capsule

Amount Per Serving	%Daily Value
Thiamine HCL (vitamin B1)	49mg 3,283%
Riboflavin (vitamin B2)	50mg 2,941%
Niacinamide	50mg 250%
Vitamin B6 (as pyridoxine hcl)	49mg 2,450%
Folate (as L-5-methyltetrahydrofolic acid (equivalent to 548 mcg of L-5-methyltetrahydrofolic acid calcium salt))	400mg 100%
Vitamin B12 (as methylcobalamin)	50mcg 833%
Biotin	50mcg 17%
Pantothenic Acid (d-calcium pantothenate)	100mg 1,000%
PABA (para-aminobenzoic acid)	100mg **
Choline (bitartrate)	50mg **
Inositol	50mg **
Hops (Strobile) (Humulus lupulus L.) Extract 4:1	10mg **
Soy Lecithin	10mg **
Watercress (Stem/Leaf/Fruit) (Nasturtium officinale)	10mg **
Alfalfa (Grass)(Medicago sativa L.) Extract 4:1	3mg **
Parsley (Leaf)(Petroselinum sativum) Extract 4:1	3mg **
Valerian (Root)(Valeriana officinalis) Extract 4:1	3mg **

**Daily Value not established.

Other Ingredients: silicon dioxide, maltodextrin, hypromellose, vegetarian capsule (hypromellose, purified water). Contains soy (lecithin)

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

For professional use only.

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