- + superfood & adaptogenic botanical youtheory + traditionally used to boost energy\*
- + supports female reproductive health\* + helps alleviate symptoms associated with menopause\*

Maca (commonly known as Peruvian Ginseng) is indigenous to the Andes Mountains of Peru. This time-tested botanical is revered for its many

an array of adaptogenic benefits for the body.\*

health-promoting properties.\* Youtheory® Maca Root supplies a potent form of maca that has undergone special processing to preserve nutrients and improve digestibility. This maca is more

concentrated than regular maca powders and provides

## **WOMEN'S** maca root

nutrient-dense superfood

**120 vegetarian capsules** dietary supplement

Suggested Use: (Adults) Take two (2) capsules twice daily.

## **Supplement Facts**

Serving Size: 2 capsules

Servings Per Container: 60 Amount Per Serving % Daily Value

Organic Maca (root) powder (gelatinized)

\*\*Daily Value not established

Other Ingredients: Vegetarian capsule (hypromellose), microcrystalline cellulose. stearic acid, vegetable magnesium stearate, silicon dioxide.









1.000 ma

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place after opening.

WARNING: Consuming this product can expose you to lead, a chemical known to the State of California to cause reproductive harm. For more information, go to

www.P65Warnings.ca.gov.



nutrawise\* irvine, ca 92618 USA

youtheory.com

\*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

532244