

SUGGESTED USE:
SIX TABLETS DAILY WITH FOOD.

Certified Gluten-Free by NSF; 100% vegetarian;
no artificial flavors or colors.

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary supplement, you should advise
your healthcare professional of the use of this product. If you
are nursing, pregnant, or considering pregnancy, or having
any surgery planned, you should consult your healthcare
professional prior to using this product. Do not take if on
blood therapy or thinners such as warfarin. Discontinue use
and contact your healthcare professional if you experience
a side effect or an allergic reaction. **Keep out of reach
of children.**

***This statement has not been evaluated by the
Food and Drug Administration. This product is
not intended to diagnose, treat, cure, or prevent
any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not
satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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**NEW
CHAPTER®**

EST. 1982

**PLANT CALCIUM
BONE STRENGTH
TAKE CARE™ | TINY TABS™**

FORMULATED FOR ABSORPTION

Strong, Healthy Bones*

VEGETARIAN
240
TINY TABLETS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 6 Tablets
Servings per container 40

Amount per serving		%DV
Vitamin D3 (as cholecalciferol from ferment media)	1000 IU	250%
Vitamin K1 (as phylloquinone from ferment media)	35 mcg	44%
Vitamin K2 (as menaquinone-7 from natto)	45 mcg	56%
Calcium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	770 mg	77%
Magnesium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	58 mg	14%
Strontium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	5 mg	*
Silica (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	2 mg	*
Vanadium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	13 mcg	*

* Daily Value (DV) not established

Other ingredients: Organic barley grass powder, organic gum acacia, ferment media (organic soy flour,
organic *Saccharomyces cerevisiae*, organic alfalfa powder, papain [deactivated], bromelain [deactivated],
lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*]),
hypromellose and silica.

Contains: Fermented soy.

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For questions or comments call 888-874-4461



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