

Contains NO: wheat • milk • lactose • eggs • tree nuts • peanuts • fish • shellfish.

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Please remove label to recycle bottle.
To open, press along perforation.



Our most complete B-complex formula for chronic stress, depleted energy and fatigued adrenal glands.* Stress causes your adrenal glands to work overtime and can eventually cause fatigue. Complete B-Complex provides adrenal support for heightened stress with high-potency B vitamins, co-nutrients, and energizing superfoods*

- **Boosts energy levels***
Potent B vitamins • 500 mg vitamin C • zinc • manganese • American ginseng • gotu kola • ashwagandha
- **Nourishes and calms the nervous system***
B vitamins • choline • calcium • magnesium • amino acids, including L-Theanine • California poppy
- **Gentle on the stomach**
Absorption enhancing superfoods: bee pollen & organic spirulina



SUGGESTED USAGE: Take one to three tablets daily, with or between meals.

No added artificial colors, flavors, preservatives, sugar, yeast or sweeteners.

KEEP OUT OF REACH OF CHILDREN. Consult your healthcare professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**RAINBOW
LIGHT**

**Complete
B-Complex™**

 **High Potency Formula**

Energizing high-potency B-Complex*

Complete support for heightened stress*

Gentle on the stomach

Stimulant-Free | Dairy-Free
90 Tablets | Dietary Supplement

Supplement Facts

Serving Size 3 Tablets Servings Per Container 30		
	Amount Per Serving	% DV
Vitamin C (as magnesium ascorbate)	500 mg	556%
Thiamin (as thiamin mononitrate)	60 mg	5000%
Riboflavin (vitamin B2)	70 mg	5385%
Niacin (as niacinamide)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride)	80 mg	4706%
Folate (as folic acid)	1333 mcg DFE (800 mcg folic acid)	333%
Vitamin B12 (as cyanocobalamin)	250 mcg	10417%
Biotin	300 mcg	1000%
Pantothenic Acid (as calcium pantothenate)	120 mg	2400%
Choline (as choline bitartrate)	150 mg	27%
Calcium (as calcium citrate)	50 mg	4%
Magnesium (as magnesium ascorbate)	60 mg	14%
Zinc (as zinc chelate)	5 mg	45%
Manganese (as manganese chelate)	3 mg	130%
Absorption Enhancing Superfoods	340 mg	†
Bee pollen, organic spirulina, barley (grass)		
Amino Acids	300 mg	†
L-glutamine, L-cysteine, L-methionine, L-theanine		
Herbal Vitality Blend 4:1 Extracts	162 mg	†
American ginseng (root) extract, ashwagandha (root) extract, California poppy (herb) extract, gentian (root) extract, gotu kola (herb) extract, orange (fruit) essential oil		
Citrus (fruit) bioflavonoid extract	75 mg	†
Inositol	50 mg	†
† Daily Value (DV) not established.		

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, coating (dextrin, dextrose, soy lecithin, sodium carboxymethyl cellulose, sodium citrate).

Formulated and distributed by Nutranext Business, LLC
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