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Store in a cool dry place. Keep out of reach of children. Do not use if bottle seal is broken or

granulomatous disorders (CGD).

Consult a health professional first if you are pregnant, nursing or have chronic

activity, may reduce the risk of osteoporosis in later life.

Adequate calcium and vitamin D as part of a healthful diet throughout life, along with physical

SUGGESTED USE: Take 3 capsules in the morning and 3 capsules at bedtime, preferably with food.

• 1000 mg AdvaCal (AAACa) Calcium

• 1000 IU Vitamin D3

• 600 mg Magnesium

• 122 mg Other Bone nutrients

#1 Bone-Building Calcium* Plus Bone Nutrients

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LANELABS
Since 1994

IMPROVED

AdvaCAL[®]

Ultra 1000

#1 Bone-Building Calcium*
Plus 7 Bone Nutrients
and 1000 IU of Vit. D3

Easy to swallow capsules

proceeds benefiting
NATIONAL
OSTEOPOROSIS
FOUNDATION

Per Day
1000 mg AdvaCAL Calcium
1000 IU Vitamin D3
600 mg Magnesium

120 Capsules

Patented, Advanced Calcium Supplement

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 40

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	50 mg	84%
Vitamin D3 (cholecalciferol)	500 IU	125%
Vitamin K2 (menaquinone)	50 mcg	63%
Calcium (as calcium hydroxide & calcium oxide)	500 mg	50%
Magnesium (magnesium oxide and magnesium citrate)	300 mg	75%
Zinc (as monomethionate)	6 mg	40%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese sulfate)	2 mg	100%
HAI Amino Acid Extract (from sea algae)	< 1 mg	†
Boron (as boron citrate, aspartate & glycinate)	2 mg	†

Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value Not Established

Other Ingredients: Gelatin, Citric Acid, Croscarmellose Sodium, Microcrystalline Cellulose, Stearic Acid and Magnesium Stearate. Gluten Free. Lactose Free.

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