

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, you should advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. **Keep out of reach of children.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.

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NEW CHAPTER®

40+

EVERY WOMAN'S ONE DAILY

WHOLE-FOOD MULTIVITAMIN

FERMENTED FOR ABSORPTION

Immune, Energy & Healthy Aging Support*

VEGETARIAN
48
TABLETS

MADE WITH ORGANIC VEGETABLES & HERBS



DIETARY SUPPLEMENT

EST. 1982

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
Vitamin A (100% as beta-carotene from ferment media)	900 mcg	100%
Vitamin C (as ascorbic acid from ferment media)	90 mg	100%
Vitamin D3 (as cholecalciferol from ferment media)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha-tocopheryl acetate from ferment media)	15 mg	100%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2] from natto)	120 mcg	98%
Thiamin (as thiamine hydrochloride from ferment media)	1.6 mg	133%
Riboflavin (from ferment media)	1.6 mg	123%
Niacin (as niacinamide from ferment media)	16 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	4.3 mg	253%
Folate (as methylfolate, and as 36 mcg folic acid from ferment media)	200 mcg DFE	50%
Vitamin B12 (as cyanocobalamin from ferment media)	10 mcg	417%
Biotin (from ferment media)	15 mcg	50%
Pantothenic Acid (as calcium D-pantothenate from ferment media)	5 mg	100%
Calcium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	26 mg	2%
Iodine (as potassium iodide from ferment media)	75 mcg	50%
Magnesium (as magnesium oxide from ferment media and from <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>)	8.4 mg	2%
Zinc (as zinc oxide from ferment media)	5.5 mg	50%
Selenium (as selenium dioxide from ferment media)	55 mcg	100%
Copper (as copper sulfate anhydrous from ferment media)	0.55 mg	61%
Manganese (as manganese chloride from ferment media)	1 mg	43%

* Daily Value (DV) not established

Other Ingredients: Ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic carrot powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*], organic alfalfa powder, papain [deactivated] and bromelain [deactivated]), organic gum acacia, silica, lac resin and carnauba wax.

Contains: Fermented soy.

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Certified Organic by International Certification Services, Inc., Medina, ND, USA

Amount per serving		%DV
Chromium (as chromium chloride from ferment media)	18 mcg	51%
Molybdenum (as sodium molybdate from ferment media)	4.5 mcg	10%
Breast Support Blend	50 mg	*
Organic Broccoli (sprout), Organic Cauliflower (sprout), Organic Kale (sprout), Organic Daikon Radish (sprout), Organic Cabbage (sprout), Organic Mustard (sprout)		
Hormone Support Blend (from ferment media)	37.5 mg	*
Organic Chaste Tree (berry), Organic Red Clover (aerial parts), Organic Raspberry (leaf)		
Stress and Energy Support Blend (from ferment media)	22.5 mg	*
Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)		
Cardio Support Blend	16 mg	*
Organic Fenugreek (seed) from ferment media, Organic Oregano (leaf) from ferment media, Grapeseed extract, Organic Hawthorn (berry, leaf and flower) from ferment media		
Digestive Support Blend (from ferment media)	7.5 mg	*
Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (fruit), Organic Artichoke (leaf)		
Ginger (rhizome) 3.2 mg aqueous extract and 0.8 mg organic supercritical extract	4 mg	*
Organic Turmeric (rhizome) 2.7 mg from ferment media and 0.8 mg supercritical extract	3.5 mg	*



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