The ingredients in this formula comply with the safety and efficacy standards set forth by the German Commission E, which is the worldwide recognized authority for effective herbal remedies.

Recommendations: Two capsules three times daily.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.



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DIETARY SUPPLEMENT

Milk Thistle X TM

Supports healthy liver function*



LIVER HEALTH

60 VEG CAPSULES

Supplement Facts

Serving Size 2 capsules

Servings per container 30

20 mg**

20 mg*

Amount per 2 capsules

Mik Thistle (Silybum marianum) Seed Extract 300 mg**
standardized to contain 80% silymarin
(240 mg) calculated as silybin

Artichoke (Cynara scolymus) Leaf Extract standardized to contain 13%-18% caffeyl-quinic acids calculated as chlorogenic acid

Dandelion (Taraxacum officinale) Root Extract 4:1 20 mg**

Licerice (Glycyrrhiza glabra) Root and Rhizome Extract standardized to contain 5% glycyrrhizic acid

**Daily Value not established.

Other ingredients: cellulose, vegetable capsule (modified cellulose), magnesium stearate, and silicon dioxide.

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