



SOUR GREEN APPLE



SUPPLEMENT FACTS

Serving Size: 1 Scoop (10.8 g) / 2 Scoops (21.6 g)

Servings Per Container: 40 / 20

Amount Per Serving	1 Scoop	%DV**	2 Scoops	%DV**
Calories	0		5	
Total Carbohydrate	0.5 g	<1%	1 g	<1%
Total Sugars	0.5 g	†	1 g	†
Iron	1.5 mg	8%	3 mg	17%
Sodium	42.5 mg	2%	85 mg	4%
GHOST® EAA	2.75 G		5.5 G	
L-Threonine	850 mg	†	1700 mg	†
L-Phenylalanine	850 mg	†	1700 mg	†
L-Lysine	750 mg	†	1500 mg	†
L-Methionine	187.5 mg	†	375 mg	†
L-Histidine	62.5 mg	†	125 mg	†
L-Tryptophan	50 mg	†	100 mg	†
GHOST® BCAA	2.25 G		4.5 G	
L-Leucine	1500 mg	†	3000 mg	†
L-Isoleucine	375 mg	†	750 mg	†
L-Valine	375 mg	†	750 mg	†
GHOST® HYDRATION				
Taurine	1000 mg	†	2000 mg	†
Raw Coconut (Cocos nucifera) Water Powder	500 mg	†	1000 mg	†
Aquamin™ (trace minerals derived from Red Marine Algae)	250 mg	†	500 mg	†
GHOST® ABSORPTION				
AstraGin® (Astragalus membranaceus and Panax notoginseng) Root extracts	25 mg	†	50 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

V VEGAN FRIENDLY **GF GLUTEN FREE** **SF SOY FREE**

AstraGin®, NuLiv Science USA.
Aquamin™ is a trademark of Marigot Ltd.
WARHEADS® is a registered trademark of Impact Confections Inc.

AstraGin

OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural and Artificial Flavor, Tartaric Acid, Sucralose, Silicon Dioxide, Himalayan Pink Sea Salt, Calcium Silicate, Acesulfame Potassium, FD&C Yellow #5, FD&C Blue #1
ALLERGEN WARNING: Contains Tree Nuts (Coconut)