

CHK
NUTRITION

New Day. Fresh Start. Better Health.

Melatonin

3 mg

With 10 mg Vitamin B-6 Per Tablet

SUPPORTS SLEEP†

Dietary Supplement

120 Tablets

SUPPLEMENT FACTS

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (as pyridoxine HCl)	10 mg	588%
Melatonin	3 mg	*

*Daily Value not established

Other Ingredients: Dicalcium phosphate, cellulose, cellulose gum, vegetable stearin, magnesium stearate and silica.

WARNING: USE ONLY AT BEDTIME. Not for use by children under 18 years. If pregnant or using a prescription drug, consult a health care professional. Do not take this product if you suffer from an autoimmune disease, depression, diabetes, endocrine disorder or thyroid condition. Do not use this product while operating a motorized vehicle or heavy machinery.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.