Nova Nutritions Alpha Lipoic Acid (ALA) is a powerful antioxidant that helps protect your cells from oxidative damage related to aging and environmental stress. ALA supplementation can support your energy metabolism and help rejuvenate your cells. ALA can also encourage glucose uptake by the body's cells.*

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, a prevent any disease.





Soy Isoflavones

Supports Hormonal & Active Genisten, Daidzein, Glycitein*

750 mg

120 Capsules

DIETARY SUPPLEMENT

Supplement Facts Prving Size: 1 Capsule	Serving Per Container:	
	Amount Per Serving	% Dai Valu
Soy Germ Isoflavones Concentrate (Standardized to contain 3% Isoflavones, 23 mg)	750 mg	**
Typical Isoflavone Composition:		_
Daidzin and Daidzein	12 mg	**
Glycitin and Glycitein	7 mg	**
Genistin and Genistein	2.5 mg	**

OTHER INGREDIENTS: Gelatin, Rice Flour, Microcrystalline Cellulose, Magnesium Stearate, SIlica.

SUGGESTED USE: As a dietary supplement, take one (1) capsule two to three times daily, preferably with meals, or as directed by your qualified healthcare professional.

FREE OF: Artificial Color, Preservatives, Sugar, Starch, Milk, Corn, Gluten, Wheat, Yeast, Fish.

Manufactured for Nova Nutritions, Scotch Plains, New Jersey 07076 www.novanutritions.com Lot# Exp:

