

RECOMMENDATION: Dosage cup included

††For best results, use of first sign of minor cough, nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. **Children 6-12 years of age**, take 1.5 teaspoons (tsp) (7.5 mL), three times daily. **Adults and children 13 years of age and older**, take 2 teaspoons (10 mL), three times daily. Not formulated for children under 6 years of age. Do not exceed recommended dose. Shake well before each use. Use only with enclosed dosage cup. **Warning:** If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. If minor cough, nasal, throat, or chest irritations last more than 7 days, stop use and consult a healthcare professional.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG13673.01 BLQ9261

GLUTEN FREE. No yeast-derived ingredients: wheat, dairy, peanuts, or artificial colors.

©2021 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturesway.com



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

with
CLINICALLY
PROVEN
South African
Geranium††

Nature's
Way
sambucus[®]
RELIEF

ELDERBERRY + SOUTH AFRICAN GERANIUM

FEEL BETTER FASTER^{††}

COUGH SYRUP

South African Geranium to soothe coughs associated with hoarseness, dry throat, and irritants*

DIETARY SUPPLEMENT

NET CONTENTS 4 FL OZ (120 mL)

Nature's
Way
sambucus[®]
OUR STANDARDIZED
ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegan



CONTAINS NO:

Gluten, Yeast-derived Ingredients,
Wheat, Dairy, Peanuts,
or Artificial Colors



©2021 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturesway.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ELDERBERRY AND MORE!

For centuries the dark berries of European black elder (*Sambucus nigra* L.) have been traditionally used as a winter remedy for immune support*

We took our unique elderberry extract and combined it with Vitamin C and Zinc to support healthy immune function*

A CLINICALLY PROVEN INGREDIENT

South African Geranium root extract has been the subject of over 20 clinical studies in thousands of adults and children

††Reduces the duration and severity of minor nasal, throat, and chest irritations and occasional coughs associated with hoarseness, dry throat, and irritants*

Take Nature's Way Sambucus[®] Relief to help you get back faster to work, school, and doing the things you love

Supplement Facts

Serving Size	Ages 6-12: 1½ teaspoons (tsp) (7.5 mL)	Ages 13+: 2 teaspoons (tsp) (10 mL)
Servings per Container	16	12
Amount per Serving	Ages 6-12 % DV	Ages 13+ % DV
Calories	20	25
Total Carbohydrate	5 g 2%†	7 g 3%†
Total Sugars	4 g **	5 g **
Includes Added Sugars	4 g 8%†	5 g 10%†
Vitamin C (ascorbic acid)	33.7 mg 37%	45 mg 50%
Zinc (as zinc gluconate)	2.4 mg 22%	3.2 mg 29%
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 1.6 g of premium cultivar elderberries per teaspoon	37.5 mg **	50 mg **
South African Geranium (<i>Pelargonium sidoides</i>) Extract (root) (EPs 7630®)	15 mg **	20 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: purified water, fructose, glycerin, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness)



LGBN13673.01

BLQ9261

with
CLINICALLY
PROVEN
South African
Geranium††

Nature's
Way

sambucus[®]
RELIEF

ELDERBERRY + SOUTH AFRICAN GERANIUM

FEEL BETTER FASTER^{††}

NEW

COUGH SYRUP

South African Geranium to soothe coughs associated with hoarseness, dry throat, and irritants*

DIETARY SUPPLEMENT

NET CONTENTS 4 FL OZ (120 mL)

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

RECOMMENDATION: Dosage cup included

For best results, use at first sign of minor cough, nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. **Children 6-12 years of age**, take 1.5 teaspoons (tsp) (7.5 mL), three times daily. **Adults and children 13 years of age and older**, take 2 teaspoons (10 mL), three times daily. Not formulated for children under 6 years of age. Do not exceed recommended dose. Shake well before each use. Use only with enclosed dosage cup.

Warning: If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. If minor cough, nasal, throat, or chest irritations last more than 7 days, stop use and consult a healthcare professional.

Supplement Facts

Serving Size	Ages 6-12: 1½ teaspoons (tsp) (7.5 mL)	Ages 13+: 2 teaspoons (tsp) (10 mL)
Servings per Container	16	12
Amount per Serving	Ages 6-12 % DV	Ages 13+ % DV
Calories	20	25
Total Carbohydrate	5 g 2%†	7 g 3%†
Total Sugars	4 g **	5 g **
Includes Added Sugars	4 g 8%†	5 g 10%†
Vitamin C (ascorbic acid)	33.7 mg 37%	45 mg 50%
Zinc (as zinc gluconate)	2.4 mg 22%	3.2 mg 29%
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 1.6 g of premium cultivar elderberries per teaspoon	37.5 mg **	50 mg **
South African Geranium (<i>Pelargonium sidoides</i>) Extract (root) (EPs 7630®)	15 mg **	20 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: purified water, fructose, glycerin, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness)

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.