

RECOMMENDATION:

Dosage cup included

For best results, use at first sign of minor cough, nasal, throat, or chest irritations and continue to use for an additional 48 hours after irritations cease. **Children 1-5 years of age**, take 1 teaspoon (tsp) (5 mL) three times daily. **Children 6-12 years of age**, take 2 teaspoons (10 mL) three times daily. Not formulated for children under 1 year of age. Do not exceed recommended dose. Shake well before each use. Use only with enclosed dosage cup. **Warnings:** If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. If minor cough, nasal, throat, or chest irritations last more than 7 days, stop use and consult a healthcare professional.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG13672.01 BL9262

GLUTEN FREE. No yeast-derived ingredients, wheat, dairy, peanuts, or artificial colors.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



sambucus®

OUR STANDARDIZED ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegan



CONTAINS NO:

Gluten, Yeast-derived Ingredients, Wheat, Dairy, Peanuts, or Artificial Colors



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with
**CLINICALLY
PROVEN**
South African
Geranium†

**sambucus®
RELIEF**

ELDERBERRY + SOUTH AFRICAN GERANIUM

FEEL BETTER FASTER™



COUGH SYRUP

South African Geranium to soothe coughs associated with hoarseness, dry throat, and irritants*

DIETARY SUPPLEMENT

NET CONTENTS 8 FL OZ (240 mL)

ELDERBERRY AND MORE!

For centuries the dark berries of European black elder (*Sambucus nigra* L.) have been traditionally used as a winter remedy for immune support*

We took our unique elderberry extract and combined it with Vitamin C and Zinc to support healthy immune function*

A CLINICALLY PROVEN INGREDIENT

South African Geranium root extract has been the subject of over 20 clinical studies in thousands of adults and children

Reduces the duration and severity of minor nasal, throat, and chest irritations and occasional coughs associated with hoarseness, dry throat, and irritants*

Nature's Way Sambucus® Relief can help them get back faster to school and doing the things they love

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size	Ages 1-5: 1 teaspoon (tsp) (5 mL)		Ages 6-12: 2 teaspoons (tsp) (10 mL)			
Servings per Container	48		24			
Amount per Serving	Ages 1-3 % DV		Ages 4-5 % DV		Ages 6-12 % DV	
Calories	15		15		25	
Total Carbohydrate	3 g	2%*	3 g	1%*	7 g	3%*
Total Sugars	2 g	**	2 g	**	5 g	**
Includes Added Sugars	2 g	8%*	2 g	4%*	5 g	10%*
Vitamin C (ascorbic acid)	30 mg	200%	30 mg	33%	60 mg	67%
Zinc (as zinc gluconate)	1.1 mg	37%	1.1 mg	10%	2.2 mg	20%
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 1.6 g of premium cultivar elderberries per teaspoon	25 mg	**	25 mg	**	50 mg	**
South African Geranium (<i>Pelargonium sidoides</i>) Extract (root) (EPs 7630®)	6.7 mg	**	6.7 mg	**	13.4 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. *Percent Daily Values are based on a 1,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, fructose, glycerin, natural flavors, malic acid, potassium sorbate (preservative to maintain freshness)



LGBN13672.01

BL9262

with
**CLINICALLY
PROVEN**
South African
Geranium†

**sambucus®
RELIEF**

ELDERBERRY + SOUTH AFRICAN GERANIUM

FEEL BETTER FASTER™

NEW

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