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Manufactured for MegaFood  
An FDA Registered Facility PO Box 325, Derry, NH 03038  
For more information visit [www.megafood.com](http://www.megafood.com) OR CALL 800-848-2542



PFC49B-10  
Rev 10: 4/10

Best  
Before:

Lot#:



MegaFood™  
THERAPEUTIX™



400 IU  
Tocopherols &  
Tocotrienols

VITAMIN E COMPLETE 8™

VEGETARIAN  
DIETARY SUPPLEMENT

30  
CAPSULES

## Supplement Facts

Serving Size 1 Capsule

Servings per Container 30

|                                           | Amount per Serving | % DV  | ▼ |
|-------------------------------------------|--------------------|-------|---|
| <b>Complete 8 Vitamin E</b> .....         | 400 IU             | 1343% |   |
| <b>Providing Total Tocopherols</b> .....  | 441 mg             | **    |   |
| d-alpha-tocopherol (269 mg)               |                    |       |   |
| d-gamma-tocopherol (120 mg)               |                    |       |   |
| d-delta-tocopherol (48 mg)                |                    |       |   |
| d-beta-tocopherol (4 mg)                  |                    |       |   |
| <b>Providing Total Tocotrienols</b> ..... | 30 mg              | **    |   |
| d-gamma-tocotrienol (16 mg)               |                    |       |   |
| d-alpha-tocotrienol (9 mg)                |                    |       |   |
| d-delta-tocotrienol (4 mg)                |                    |       |   |
| d-beta-tocotrienol (1 mg)                 |                    |       |   |

### Naturally Occurring Ingredients:

|                         |        |    |
|-------------------------|--------|----|
| Plant Squalene .....    | 6 mg   | ** |
| Phytosterols .....      | 2 mg   | ** |
| Mixed-Carotenoids ..... | 40 mcg | ** |

\*\* % Daily Value (DV) not established

**Other Ingredients:** Lecithin (GMO free), Wheat Germ Oil, High Oleic Sunflower Seed Oil, Capsule (vegetable cellulose).

**Suggested Use:** 1 capsule daily, or as directed by your health care practitioner.

MegaFood has made the highest quality whole food supplements since 1973.

### Vitamin E Complete 8™

**Vitamin E Complete 8** provides a complete spectrum of vitamin E. Vitamin E present in food sources is made up of 4 unique tocopherols and 4 unique tocotrienols. Delivered together, these synergistic compounds act as potent free radical scavengers in the body, offering maximum antioxidant protection and vitamin E bioactivity.\* Since vitamin E is a fat-soluble nutrient, additional plant oils including wheat germ oil and sunflower seed oil were included in each vegetarian capsule to enhance the bioavailability and utilization of **Vitamin E Complete 8**.\*

Driven by food, **Vitamin E Complete 8** is easy-to-digest and gentle on the stomach.



MegaFood.

Our Name is Our Promise™

Easy-to-digest and full of vital  
nourishment, you will LOVE  
the MegaFood Difference -  
Satisfaction Guaranteed

Tested to be **FREE of:**  
**Gluten, Dairy,**  
**Pesticides and Herbicides**

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.