

# Grass-Fed Whey Protein Isolate

**100g (3.53oz)**

## SUPPLEMENT FACTS

Serving Size: 30 grams

Servings per container: 3

Amount Per Serving	% Daily Value**
<b>Calories: 112</b>	
<b>Calories from Fat: 2</b>	
<b>Total Fat</b> <1 g	<1%
Saturated Fat <1 g	<1%
<b>Cholesterol</b> 4 mg	1%
<b>Total Carbohydrates</b> <1 g	<1%
Sugars (lactose) <1 g	*
<b>Protein</b> 27 g	54%
<b>Phosphorus</b> 67 mg	7%
<b>Magnesium</b> 24 mg	4%
<b>Sodium</b> 61 mg	2%
<b>Potassium</b> 118 mg	3%
<b>Calcium</b> 130mg	16%

\*Daily Value not established. \*\*Based on 2,000 calorie diet

### Directions:

As a dietary supplement, take 15-30 grams (2.5 to 5 tbsp) per day. Individual needs vary.

**Ingredients:** Whey protein isolate, sunflower lecithin (emulsifier)

**Contains:** Milk

**Free of:** Sugar, soy, yeast, gluten, and corn

### Warning:

This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use.

### KEEP OUT OF REACH OF CHILDREN

\*These statements have not been evaluated by the Food and Drug Administration.

\*This product is not intended to diagnose, treat, cure or prevent any disease.

## Amino Acid Profile

(Per 30 grams)

### Essential Amino Acids

Arginine	0.64 g
Histidine	0.52 g
Isoleucine	2.06 g
Leucine	3.24 g
Lysine	3.15 g
Methionine	0.70 g
Phenylalanine	0.91 g
Threonine	2.12 g
Tryptophan	0.64 g
Valine	1.64 g

### Nonessential Amino Acids

Alanine	1.42 g
Aspartic Acid	3.45 g
Cystine	0.79 g
Glutamic Acid	5.30 g
Glycine	0.55 g
Proline	1.80 g
Tyrosine	0.91 g

## Distributed Exclusively by:

**BulkSupplements.com**  
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