



MY GUARANTEE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits. It's my hope that you, too, will experience similar results.*



Jim Stoppani, PhD
Owner - JYM Supplement Science

For questions regarding JYM products go to: [@JimStoppani](#) or [@JimStoppaniPhD](#) or [JYMSupplementScience.com](#)

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

JYM
SUPPLEMENT SCIENCE
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PRE JYM®

HIGH-PERFORMANCE PRE-WORKOUT



GRAPE CANDY
NATURAL FLAVOR

1^{PER SERVING} 30 SERVINGS
DIETARY SUPPLEMENT

NET WEIGHT: 26.5 OZ (1.65 LBS) (750g)

6g[†]
BCAAs

6g[†]
CITRULLINE MALATE

2g[†]
CREATINE HCL

2g[†]
BETA-ALANINE

1.5g[†]
BETAIN

Supplement Facts

Serving Size: 1 Scoop (25g)
Servings Per Container: About 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 20		Bet (Beta vulgaris) Root Extract 500mg	†
Sodium 100mg	4%	L-Leucine 3g	†
Total Carbohydrate 1g	<1%**	L-Valine 1.5g	†
Total Sugars 0g	†	L-Tyrosine 1.5g	†
Includes 0g Added Sugars	0%	Caffeine Anhydrous 300mg	†
Calcium 49mg	4%	Hyperize A (from fooded Quinones (Hyperize sensate) Aerial Parts Extract) 50mg	†
Potassium 36mg	1%	Black Pepper (Piper nigrum) Fruit Extract (as BioPerine®) 5mg	†
Creatine HCl (as CON-CRE™) 2g	†		
Beta-Alanine 2g	†		
Betaine (Trimethylglycine) 1.5g	†		
Taurine 1g	†		
N-Acetyl L-Cysteine 600mg	†		
Alpha-Glycerol Phosphoryl 150mg	†		
Choline (as AlphaSize®) 150mg	†		
Citrulline Malate 6g	†		

OTHER INGREDIENTS: Natural Flavor, Sodium Citrate, Fruit and Vegetable Juice (Color), Calcium Silicate, Sucralose, Acesulfame Potassium, Dextrose.

Produced on shared equipment that also produces products that may contain EGG, MILK, SOY, TREE NUTS, and WHEAT.

CON-CRE™
REINFORCED

CON-CRE™ is a patented registered and registered trademark of
Vitality Systems, Inc. (Vitality)
www.vitalitysystems.com/cre

NOBIL
NITRIL

NOBIL™ is a registered trademark of NitroBil
www.nitroBil.com

BIOPERINE®

BioPerine® is a patented registered and registered trademark of Sabinsa Corporation. Patent numbers: US 5,518, 5,519, 5,520, 5,521, 5,522, 5,523, 5,524, 5,525, 5,526, 5,527, 5,528, 5,529, 5,530, 5,531, 5,532, 5,533, 5,534, 5,535, 5,536, 5,537, 5,538, 5,539, 5,540, 5,541, 5,542, 5,543, 5,544, 5,545, 5,546, 5,547, 5,548, 5,549, 5,550, 5,551, 5,552, 5,553, 5,554, 5,555, 5,556, 5,557, 5,558, 5,559, 5,560, 5,561, 5,562, 5,563, 5,564, 5,565, 5,566, 5,567, 5,568, 5,569, 5,570, 5,571, 5,572, 5,573, 5,574, 5,575, 5,576, 5,577, 5,578, 5,579, 5,580, 5,581, 5,582, 5,583, 5,584, 5,585, 5,586, 5,587, 5,588, 5,589, 5,590, 5,591, 5,592, 5,593, 5,594, 5,595, 5,596, 5,597, 5,598, 5,599, 5,600, 5,601, 5,602, 5,603, 5,604, 5,605, 5,606, 5,607, 5,608, 5,609, 5,610, 5,611, 5,612, 5,613, 5,614, 5,615, 5,616, 5,617, 5,618, 5,619, 5,620, 5,621, 5,622, 5,623, 5,624, 5,625, 5,626, 5,627, 5,628, 5,629, 5,630, 5,631, 5,632, 5,633, 5,634, 5,635, 5,636, 5,637, 5,638, 5,639, 5,640, 5,641, 5,642, 5,643, 5,644, 5,645, 5,646, 5,647, 5,648, 5,649, 5,650, 5,651, 5,652, 5,653, 5,654, 5,655, 5,656, 5,657, 5,658, 5,659, 5,660, 5,661, 5,662, 5,663, 5,664, 5,665, 5,666, 5,667, 5,668, 5,669, 5,670, 5,671, 5,672, 5,673, 5,674, 5,675, 5,676, 5,677, 5,678, 5,679, 5,680, 5,681, 5,682, 5,683, 5,684, 5,685, 5,686, 5,687, 5,688, 5,689, 5,690, 5,691, 5,692, 5,693, 5,694, 5,695, 5,696, 5,697, 5,698, 5,699, 5,700, 5,701, 5,702, 5,703, 5,704, 5,705, 5,706, 5,707, 5,708, 5,709, 5,710, 5,711, 5,712, 5,713, 5,714, 5,715, 5,716, 5,717, 5,718, 5,719, 5,720, 5,721, 5,722, 5,723, 5,724, 5,725, 5,726, 5,727, 5,728, 5,729, 5,730, 5,731, 5,732, 5,733, 5,734, 5,735, 5,736, 5,737, 5,738, 5,739, 5,740, 5,741, 5,742, 5,743, 5,744, 5,745, 5,746, 5,747, 5,748, 5,749, 5,750, 5,751, 5,752, 5,753, 5,754, 5,755, 5,756, 5,757, 5,758, 5,759, 5,760, 5,761, 5,762, 5,763, 5,764, 5,765, 5,766, 5,767, 5,768, 5,769, 5,770, 5,771, 5,772, 5,773, 5,774, 5,775, 5,776, 5,777, 5,778, 5,779, 5,780, 5,781, 5,782, 5,783, 5,784, 5,785, 5,786, 5,787, 5,788, 5,789, 5,790, 5,791, 5,792, 5,793, 5,794, 5,795, 5,796, 5,797, 5,798, 5,799, 5,800, 5,801, 5,802, 5,803, 5,804, 5,805, 5,806, 5,807, 5,808, 5,809, 5,810, 5,811, 5,812, 5,813, 5,814, 5,815, 5,816, 5,817, 5,818, 5,819, 5,820, 5,821, 5,822, 5,823, 5,824, 5,825, 5,826, 5,827, 5,828, 5,829, 5,830, 5,831, 5,832, 5,833, 5,834, 5,835, 5,836, 5,837, 5,838, 5,839, 5,840, 5,841, 5,842, 5,843, 5,844, 5,845, 5,846, 5,847, 5,848, 5,849, 5,850, 5,851, 5,852, 5,853, 5,854, 5,855, 5,856, 5,857, 5,858, 5,859, 5,860, 5,861, 5,862, 5,863, 5,864, 5,865, 5,866, 5,867, 5,868, 5,869, 5,870, 5,871, 5,872, 5,873, 5,874, 5,875, 5,876, 5,877, 5,878, 5,879, 5,880, 5,881, 5,882, 5,883, 5,884, 5,885, 5,886, 5,887, 5,888, 5,889, 5,890, 5,891, 5,892, 5,893, 5,894, 5,895, 5,896, 5,897, 5,898, 5,899, 5,900, 5,901, 5,902, 5,903, 5,904, 5,905, 5,906, 5,907, 5,908, 5,909, 5,910, 5,911, 5,912, 5,913, 5,914, 5,915, 5,916, 5,917, 5,918, 5,919, 5,920, 5,921, 5,922, 5,923, 5,924, 5,925, 5,926, 5,927, 5,928, 5,929, 5,930, 5,931, 5,932, 5,933, 5,934, 5,935, 5,936, 5,937, 5,938, 5,939, 5,940, 5,941, 5,942, 5,943, 5,944, 5,945, 5,946, 5,947, 5,948, 5,949, 5,950, 5,951, 5,952, 5,953, 5,954, 5,955, 5,956, 5,957, 5,958, 5,959, 5,960, 5,961, 5,962, 5,963, 5,964, 5,965, 5,966, 5,967, 5,968, 5,969, 5,970, 5,971, 5,972, 5,973, 5,974, 5,975, 5,976, 5,977, 5,978, 5,979, 5,980, 5,981, 5,982, 5,983, 5,984, 5,985, 5,986, 5,987, 5,988, 5,989, 5,990, 5,991, 5,992, 5,993, 5,994, 5,995, 5,996, 5,997, 5,998, 5,999, 6,000, 6,001, 6,002, 6,003, 6,004, 6,005, 6,006, 6,007, 6,008, 6,009, 6,010, 6,011, 6,012, 6,013, 6,014, 6,015, 6,016, 6,017, 6,018, 6,019, 6,020, 6,021, 6,022, 6,023, 6,024, 6,025, 6,026, 6,027, 6,028, 6,029, 6,030, 6,031, 6,032, 6,033, 6,034, 6,035, 6,036, 6,037, 6,038, 6,039, 6,040, 6,041, 6,042, 6,043, 6,044, 6,045, 6,046, 6,047, 6,048, 6,049, 6,050, 6,051, 6,052, 6,053, 6,054, 6,055, 6,056, 6,057, 6,058, 6,059, 6,060, 6,061, 6,062, 6,063, 6,064, 6,065, 6,066, 6,067, 6,068, 6,069, 6,070, 6,071, 6,072, 6,073, 6,074, 6,075, 6,076, 6,077, 6,078, 6,079, 6,080, 6,081, 6,082, 6,083, 6,084, 6,085, 6,086, 6,087, 6,088, 6,089, 6,090, 6,091, 6,092, 6,093, 6,094, 6,095, 6,096, 6,097, 6,098, 6,099, 6,100, 6,101, 6,102, 6,103, 6,104, 6,105, 6,106, 6,107, 6,108, 6,109, 6,110, 6,111, 6,112, 6,113, 6,114, 6,115, 6,116, 6,117, 6,118, 6,119, 6,120, 6,121, 6,122, 6,123, 6,124, 6,125, 6,126, 6,127, 6,128, 6,129, 6,130, 6,131, 6,132, 6,133, 6,134, 6,135, 6,136, 6,137, 6,138, 6,139, 6,140, 6,141, 6,142, 6,143, 6,144, 6,145, 6,146, 6,147, 6,148, 6,149, 6,150, 6,151, 6,152, 6,153, 6,154, 6,155, 6,156, 6,157, 6,158, 6,159, 6,160, 6,161, 6,162, 6,163, 6,164, 6,165, 6,166, 6,167, 6,168, 6,169, 6,170, 6,171, 6,172, 6,173, 6,174, 6,175, 6,176, 6,177, 6,178, 6,179, 6,180, 6,181, 6,182, 6,183, 6,184, 6,185, 6,186, 6,187, 6,188, 6,189, 6,190, 6,191, 6,192, 6,193, 6,194, 6,195, 6,196, 6,197, 6,198, 6,199, 6,200, 6,201, 6,202, 6,203, 6,204, 6,205, 6,206, 6,207, 6,208, 6,209, 6,210, 6,211, 6,212, 6,213, 6,214, 6,215, 6,216, 6,217, 6,218, 6,219, 6,220, 6,221, 6,222, 6,223, 6,224, 6,225, 6,226, 6,227, 6,228, 6,229, 6,230, 6,231, 6,232, 6,233, 6,234, 6,235, 6,236, 6,237, 6,238, 6,239, 6,240, 6,241, 6,242, 6,243, 6,244, 6,245, 6,246, 6,247, 6,248, 6,249, 6,250, 6,251, 6,252, 6,253, 6,254, 6,255, 6,256, 6,257, 6,258, 6,259, 6,260, 6,261, 6,262, 6,263, 6,264, 6,265, 6,266, 6,267, 6,268, 6,269, 6,270, 6,271, 6,272, 6,273, 6,274, 6,275, 6,276, 6,277, 6,278, 6,279, 6,280, 6,281, 6,282, 6,283, 6,284, 6,285, 6,286, 6,287, 6,288, 6,289, 6,290, 6,291, 6,292, 6,293, 6,294, 6,295, 6,296, 6,297, 6,298, 6,299, 6,300, 6,301, 6,302, 6,303, 6,304, 6,305, 6,306, 6,307, 6,308, 6,309, 6,310, 6,311, 6,312, 6,313, 6,314, 6,315, 6,316, 6,317, 6,318, 6,319, 6,320, 6,321, 6,322, 6,323, 6,324, 6,325, 6,326, 6,327, 6,328, 6,329, 6,330, 6,331, 6,332, 6,333, 6,334, 6,335, 6,336, 6,337, 6,338, 6,339, 6,340, 6,341, 6,342, 6,343, 6,344, 6,345, 6,346, 6,347, 6,348, 6,349, 6,350, 6,351, 6,352, 6,353, 6,354, 6,355, 6,356, 6,357, 6,358, 6,359, 6,360, 6,361, 6,362, 6,363, 6,364, 6,365, 6,366, 6,367, 6,368, 6,369, 6,370, 6,371, 6,372, 6,373, 6,374, 6,375, 6,376, 6,377, 6,378, 6,379, 6,380, 6,381, 6,382, 6,383, 6,384, 6,385, 6,386, 6,387, 6,388, 6,389, 6,390, 6,391, 6,392, 6,393, 6,394, 6,395, 6,396, 6,397, 6,398, 6,399, 6,400, 6,401, 6,402, 6,403, 6,404, 6,405, 6,406, 6,407, 6,408, 6,409, 6,410, 6,411, 6,412, 6,413, 6,414, 6,415, 6,416, 6,417, 6,418, 6,419, 6,420, 6,421, 6,422, 6,423, 6,424, 6,425, 6,426, 6,427, 6,428, 6,429, 6,430, 6,431, 6,432, 6,433, 6,434, 6,435, 6,436, 6,437, 6,438, 6,439, 6,440, 6,441, 6,442, 6,443, 6,444, 6,445, 6,446, 6,447, 6,448, 6,449, 6,450, 6,451, 6,452, 6,453, 6,454, 6,455, 6,456, 6,457, 6,458, 6,459, 6,460, 6,461, 6,462, 6,463, 6,464, 6,465, 6,466, 6,467, 6,468, 6,469, 6,470, 6,471, 6,472, 6,473, 6,474, 6,475, 6,476, 6,477, 6,478, 6,479, 6,480, 6,481, 6,482, 6,483, 6,484, 6,485, 6,486, 6,487, 6,488, 6,489, 6,490, 6,491, 6,492, 6,493, 6,494, 6,495, 6,496, 6,497, 6,498, 6,499, 6,500, 6,501, 6,502, 6,503, 6,504, 6,505, 6,506, 6,507, 6,508, 6,509, 6,510, 6,511, 6,512, 6,513, 6,514, 6,515, 6,516, 6,517, 6,518, 6,519, 6,520, 6,521, 6,522, 6,523, 6,524, 6,525, 6,526, 6,527, 6,528, 6,529, 6,530, 6,531, 6,532, 6,533, 6,534, 6,535, 6,536, 6,537, 6,538, 6,539, 6,540, 6,541, 6,542, 6,543, 6,544, 6,545, 6,546, 6,547, 6,548, 6,549, 6,550, 6,551, 6,552, 6,553, 6,554, 6,555, 6,556, 6,557, 6,558, 6,559, 6,560, 6,561, 6,562, 6,563, 6,564, 6,565, 6,566, 6,567, 6,568, 6,569, 6,570, 6,571, 6,572, 6,573, 6,574, 6,575, 6,576, 6,577, 6,578, 6,579, 6,580, 6,581, 6,582, 6,583, 6,584, 6,585, 6,586, 6,587, 6,588, 6,589, 6,590, 6,591, 6,592, 6,593, 6,594, 6,595, 6,596, 6,597, 6,598, 6,599, 6,600, 6,601, 6,602, 6,603, 6,604, 6,605, 6,606, 6,607, 6,608, 6,609, 6,610, 6,611, 6,612, 6,613, 6,614, 6,615, 6,616, 6,617, 6,618, 6,619, 6,620, 6,621, 6,622, 6,623, 6,624, 6,625, 6,626, 6,627, 6,628, 6,629, 6,630, 6,631, 6,632, 6,633, 6,634, 6,635, 6,636, 6,637, 6,638, 6,639, 6,640, 6,641, 6,642, 6,643, 6,644, 6,645, 6,646, 6,647, 6,648, 6,649, 6,650, 6,651, 6,652, 6,653, 6,654, 6,655, 6,656, 6,657, 6,658, 6,659, 6,660, 6,661, 6,662, 6,663, 6,664, 6,665, 6,666, 6,667, 6,668, 6,669, 6,670, 6,671, 6,672, 6,673, 6,674, 6,675, 6,676, 6,677, 6,678, 6,679, 6,680, 6,681, 6,682, 6,683, 6,684, 6,685, 6,686, 6,687, 6,688, 6,689, 6,690, 6,691, 6,692, 6,693, 6,694, 6,695, 6,696, 6,697, 6,698, 6,699, 6,700, 6,701, 6,702, 6,703, 6,704, 6,705, 6,706, 6,707, 6,708, 6,709, 6,710, 6,711, 6,712, 6,713, 6,714, 6,715, 6,716, 6,717, 6,718, 6,719, 6,720, 6,721, 6,722, 6,723, 6,724, 6,725, 6,726, 6,727, 6,728, 6,729, 6,730, 6,731, 6,732, 6,733, 6,734, 6,735, 6,736, 6,737, 6,738, 6,739, 6,740, 6,741, 6,742, 6,743, 6,744, 6,745, 6,746, 6,747, 6,748, 6,749, 6,750, 6,751, 6,752, 6,753, 6,754, 6,755, 6,756, 6,757, 6,758, 6,759, 6,760, 6,761, 6,762, 6,763, 6,764, 6,765, 6,766, 6,767, 6,768, 6,769, 6,770, 6,771, 6,772, 6,773, 6,774, 6,775, 6,776, 6,777, 6,778, 6,779, 6,780, 6,781, 6,782, 6,783, 6,784, 6,785, 6,786, 6,787, 6,788, 6,789, 6,790, 6,791, 6,792, 6,793, 6,794, 6,795, 6,796, 6,797, 6,798, 6,799, 6,800, 6,801, 6,802, 6,803, 6,804, 6,805, 6,806, 6,807, 6,808, 6,809, 6,810, 6,811, 6,812, 6,813, 6,814, 6,815, 6,816, 6,817, 6,818, 6,819, 6,820, 6,821, 6,822, 6,823, 6,824, 6,825, 6,826, 6,827, 6,828, 6,829, 6,830, 6,831, 6,832, 6,833, 6,834, 6,835, 6,836, 6,837, 6,838, 6,839, 6,840, 6,841, 6,842, 6,843, 6,844, 6,845, 6,846, 6,847, 6,848, 6,849, 6,850, 6,851, 6,852, 6,853, 6,854, 6,855, 6,856, 6,857, 6,858, 6,859, 6,860, 6,861, 6,862, 6,863, 6,864, 6,865, 6,866, 6,867, 6,868, 6,869, 6,870, 6,871, 6,872, 6,873, 6,874, 6,875, 6,876, 6,877, 6,878, 6,879, 6,880, 6,881, 6,882, 6,883, 6,884, 6,885, 6,886, 6,887, 6,888, 6,889, 6,890, 6,891, 6,892, 6,893, 6,894, 6,895, 6,896, 6,897, 6,898, 6,899, 6,900, 6,901, 6,902, 6,903, 6,904, 6,905, 6,906, 6,907, 6,908, 6,909, 6,910, 6,911, 6,912, 6,913, 6,914, 6,915, 6,916, 6,917, 6,918, 6,919, 6,920, 6,921, 6,922, 6,923, 6,924, 6,925, 6,926, 6,927, 6,928, 6,929, 6,930, 6,931, 6,932, 6,933, 6,934, 6,935, 6,936, 6,937, 6,9