

**Nestlé**  
HealthScience

**nutrisource®**  
**fiber**

Fiber Supplement



Serving Suggestion

Unflavored



NET WT 7.2 OZ (205 g)

**5**  
Calories  
per  
serving

**3g**  
Soluble fiber  
per  
serving

Soluble fiber  
to help support  
digestive health\*

## Supplement Facts

Serving Size 1 Scoop (1 Tbsp or 4g)

Servings Per Container about 51

| Amount Per Serving       | % Daily Value* |
|--------------------------|----------------|
| Calories 5               |                |
| Total Carbohydrate 3g    | 1%*            |
| Dietary Fiber 3g         | 11%*           |
| Soluble Fiber 3g         | †              |
| Total Sugars 0g          | †              |
| Includes 0g Added Sugars | 0%*            |

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**INGREDIENTS:** PARTIALLY HYDROLYZED GUAR GUM

Manufactured for Nestlé HealthCare Nutrition, Inc.  
Bridgewater, NJ 08807 USA

Product of India

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NUTRISOURCE® Fiber supplement is made from 100% partially hydrolyzed guar gum that can mix with a wide variety of food and beverages. NUTRISOURCE® Fiber supplement contains soluble fiber to help support digestive health and normal bowel function.\*

**LACTOSE FREE • GLUTEN FREE • SUGAR FREE • NOT A LOW CALORIE FOOD**

**DIRECTIONS FOR USE:** Use only enclosed scoop. Stir NUTRISOURCE® Fiber into at least 4 oz of any hot or cold beverage or prepared soft food, including purees. Stir until dissolved.

| SERVINGS | MEASURE          |
|----------|------------------|
| 1        | 1 scoop (1 Tbsp) |
| 10       | 2/3 cup          |
| 25       | 1 1/2 cups       |
| 50       | 3 cups           |

Gradual inclusion into diet is recommended.  
One serving (3 g fiber/unpacked level scoop) can be added every third day as tolerated up to a maximum of six servings (18 g) fiber per day.  
Adequate intake of fluids is encouraged.

**DIRECTIONS FOR TUBE FEEDING USE:** Add 1 unpacked level scoop to 2-4 fl oz water. Mix until dissolved. Administer by syringe through feeding tube.

Fiber may not be suitable for all patients on tube feedings. Follow physician instructions for tube feeding use.

This product is not intended as a sole source of nutrition.

**THIS PRODUCT IS ONLY APPROPRIATE FOR INDIVIDUALS GREATER THAN 3 YEARS OLD.**

**NOT FOR PARENTERAL USE.**

**THIS CANISTER IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING MAY OCCUR DURING SHIPPING AND HANDLING.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**STORE IN A COOL, DRY PLACE.**

Questions or Product Feedback?  
Call us Toll Free 1-800-422-ASK2 (2752)  
[www.NestleHealthScience.us](http://www.NestleHealthScience.us)

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