

RSP was born to help people achieve their health and fitness goals. We live to partner with you in achieving those goals. Whether you're a busy professional trying out a new fitness program or a lifelong athlete, we know this can be challenging. Our mission is to create nutritional products that make your journey both healthy and enjoyable, without ever asking you to choose between quality and convenience. So set a goal, fuel up, beat a personal best, recover and repeat. We have your back every step of the way.



GRASS-FED PROTEIN FROM PASTURE-RAISED COWS

25g grass-fed whey protein from humanely raised cows in the USA. Never treated with added antibiotics or hormones.



ORGANIC FRUITS & VEGETABLES

12 Non-GMO Project Verified ingredients made from leafy greens, fruits and superfoods.



HEALTHY DIGESTION WITH PROBIOTICS AND PREBIOTICS

8g prebiotic fiber and 1 billion CFU probiotics (Bacillus Coagulans) per serving.



FAT FROM WHOLE FOOD SOURCES

3.5g of quality fat from whole food sources, including MCT Oil.

DIRECTIONS:

Mix with 8-16 oz of water, depending on consistency preference. Start with 8 oz and add up to 8 more until preferred consistency is achieved. Also delicious with your favorite dairy or non-dairy alternatives.



MADE IN THE USA

This product contains ingredients of international and domestic origin.

TRUEFIT®

25G GRASS-FED PROTEIN

12 FRUITS & VEGETABLES

8G PREBIOTIC FIBER

3.5G QUALITY FAT

1 BILLION CFU PROBIOTICS



CHOCOLATE
NATURAL FLAVORS



GRASS-FED



GUT HEALTH



ANTIBIOTIC
FREE



NO ADDED
HORMONES



SOY FREE

Supplement Facts

Serving Size: 1 Scoop (49 g)
Servings Per Container: 20

	Amount Per Serving	%DV*
Calories	170	
Total Fat	3.5 g	4%
Saturated Fat	2.5 g	13%
Trans Fat	0 g	--
Cholesterol	85 mg	28%
Total Carbohydrate	14 g	5%
Dietary Fiber	9 g	32%
Total Sugars	1 g	--
Protein	25 g	50%
Vitamin A	56 mcg	6%
Vitamin C	2 mg	2%
Vitamin D	0 mcg (7 IU)	0%
Calcium	152mg	12%
Iron	1 mg	8%
Sodium	180 mg	8%
Potassium	296 mg	6%
All-in-One Grass-Fed Protein	25 g	--
Grass-Fed Whey Protein Concentrate		
All-in-one Fiber and Superfoods Blend	10 g	--
Soluble Vegetable Fiber (Fibersol®-2), Sweet Potato Powder, VitaBerry Fruit Blend (Organic Strawberry, Organic Raspberry, Organic Blueberry, Organic Tart Cherry, Organic Elderberry, Organic Cranberry), VitaVeggie Vegetable blend (Organic Broccoli, Organic Broccoli Sprouts, Organic Tomato, Organic Carrot, Organic Spinach, Organic Kale), Lactospore® Coagulans (1 Billion CFU)		
MCT Oil Powder	1 g	--

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
** Daily Value not established.

OTHER INGREDIENTS: Cocoa processed with alkali, Natural Flavors, Xanthan Gum, Salt, Rebbaudioside A (Stevia), Sunflower Lecithin.

CONTAINS MILK

IF YOU HAVE ANY HEALTH CONDITIONS, ARE PREGNANT, BREAST FEEDING OR TAKING MEDICATION, ASK A PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF SMALL CHILDREN.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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