FREE OF: Sugar, starch, soy, wheat, casein, gluten, milk, preservatives, yeast, gelatin, flavorings, colorings, peanuts, tree nuts or fish.

CAUTION:

MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN.

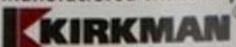
IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

Magnesium Glycinate® is a registered trademark of the Albion Co.

Manufactured exclusively by:



Lake Oswego, OR 97035 (503)694-1600 • (800)245-8282 www.kirkmangroup.com

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P-5-P

(Pyridoxal-5-Phosphate) with Magnesium **Glycinate**®

100 Capsules

HYPOALLERGENIC

SUGGESTED USE: 1 capsule per day or as directed by a physician. Capsule may be pulled apart and the contents mixed with food or beverages.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 100

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium as (glycinate) (amino acid chelate)	100 mg	25%
Pyridoxal-5-Phosphate (P-5-I	P) 50 mg	'

* Daily Value Not Established.

INGREDIENTS: Magnesium Glycinate Pyridoxal-5-Phosphate, L-Leucine, Plant Cellulose Capsule.

Best Used by: April 2013

Dietary Supplement

Lot # 0098-0072