

FREE OF: Sugar, starch, soy, wheat, casein, gluten, milk, preservatives, yeast, gelatin, flavorings, colorings, peanuts, tree nuts or fish.

CAUTION:

MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN.

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

Magnesium Glycinate® is a registered trademark of the Albion Co.

Manufactured exclusively by:

KIRKMAN

Lake Oswego, OR 97035
(503)694-1600 • (800)245-8282
www.kirkmangroup.com

Best Used by: April 2013

CASEIN & GLUTEN FREE

KIRKMAN®

P-5-P
(Pyridoxal-5-Phosphate) with
Magnesium Glycinate®

100 Capsules

HYPOALLERGENIC

Dietary Supplement

SUGGESTED USE: 1 capsule per day or as directed by a physician. Capsule may be pulled apart and the contents mixed with food or beverages.

Supplement Facts

Serving Size: 1 capsule
Servings Per Container: 100

Each Serving Contains	Amount per Serving	% Daily Value
Magnesium as (glycinate) (amino acid chelate)	100 mg	25%
Pyridoxal-5-Phosphate (P-5-P)	50 mg	*

* Daily Value Not Established.

INGREDIENTS: Magnesium Glycinate®, Pyridoxal-5-Phosphate, L-Leucine, Plant Cellulose Capsule.

098/100 • Lot # 0098-0072