

MegaFood™

100% WHOLE FOOD



Organic Herbs
Promotes Bone &
Heart Health*

CALCIUM, MAGNESIUM & POTASSIUM

VEGETARIAN
DIETARY SUPPLEMENT

90
TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings per Container 45

Amount per Serving		% DV ▼	
100% Whole Food Nutrients†			
Calcium	(2000 mg <i>S. cerevisiae</i> ‡)	100 mg	10
Magnesium.....	(1000 mg <i>S. cerevisiae</i> ‡)	50 mg	13
Potassium	(3200 mg <i>S. cerevisiae</i> ‡)	22 mg	1
Organic Trace Mineral Blend		60 mg	**
Organic Nettle Leaf, Organic Dandelion Root, Organic Parsley Leaf			

** % Daily Value (DV) not established

Other Ingredients: Plant Cellulose, Vegetable Lubricant.

Suggested Use: 2 tablets daily. May be taken anytime, throughout the day even on an empty stomach.

† 100% whole food minerals are delivered in our proprietary FoodState® concentrates of *Saccharomyces cerevisiae*. *S. cerevisiae*, a non-candida yeast, is one of nature's most nutrient-rich foods, with an array of health-promoting benefits. Calcium and Magnesium in food are naturally buffered and have better bioavailability than isolated or chelated mineral forms.*

MegaFood has made the highest quality whole food supplements since 1973.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood Calcium, Magnesium and Potassium is a balanced 100% whole food multi-mineral formula designed to:

- Maintain already healthy blood pressure levels and cardiovascular health*
- Support the health of bones and muscular system*
- Complement MegaFood One Daily multi-vitamin and mineral formulas

These minerals are delivered within a mineral-rich FoodState® concentrates of *Saccharomyces cerevisiae*. These contain all of the synergistic enzymes, cofactors and phytonutrients, necessary for proper utilization and retention by your body.

MegaFood Calcium, Magnesium & Potassium is made only from wholesome, all natural ingredients, certified organic herbs and with no preservatives.

Whole food nutrients are readily recognized and better utilized by the body, therefore you can take lower potencies with better results. *Less is more with food.*



MegaFood

Our Name is Our Promise™

Easy-to-digest and full of vital nourishment, you will LOVE the MegaFood Difference - Satisfaction Guaranteed.

Tested to be FREE of:
Gluten, Dairy, Soy, Pesticides and Herbicides.
Does Not Contain Corn or Wheat.

Manufactured by MegaFood
An FDA Registered Facility. GMP Compliant. PO Box 325, Derry, NH 03038
For more information visit www.megafood.com OR CALL 800-848-2542

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Lot#:
Best
Before:

