

MM6TM FOR WOMEN



Premium Dietary Supplement
6-in-1 Complete Nutritional System

30 DAILY PACKETS

NUGEVITY



MM6TM FOR WOMEN

MM6TM products offer personalized nutrition for all your individual needs. Each packet of MM6TM FOR WOMEN can replace your entire supplement cabinet because it is custom-formulated with today's adult woman in mind. Feel young, stay young, and trust the brand that doctors trust: MM6TM by Nugevity.

Suggested Use: As a dietary supplement, adults take the contents of one daily packet every day with a full glass of water, preferably with a meal or as recommended by a healthcare provider.

Store product in a dry place at controlled room temperature (25°C / 77°F). Do not expose to excessive heat or moisture. Contains no artificial colorings or dyes. Therefore, color, odor and texture variations may occur, but rest assured this does not affect the quality of the product.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Consult with your physician prior to taking this product if you suffer from a known health condition, take prescription medications, or if you are pregnant or nursing. California residents only (proposition 65 statutory statement for consumer products): **WARNING:** This product may contain a chemical known to the State of California to cause birth defects or other reproductive harm.

MM6TM is manufactured at an FDA-registered laboratory using Pharma-IQ[™] quality standards and BioRelease[™], our exclusive technology developed under a Space Act Agreement to ensure maximum dissolution and nutrient release. Visit nasa.nugevity.com



Pharma-IQ[™]
GMP Pharmaceutical Standards
BioRelease[™]
Maximum Dissolution

Gf
Wheat & Gluten Free

Safe
No Banned Substances

Real
Dietary Ingredients

Green
Sustainable & BPA Free

Supplement Facts

Serving Size: 1 Packet

Amount Per Packet	% Daily Value	Amount Per Packet	% Daily Value
Calories	10	Manganese (as amino acid chelate)	4 mg 200%
Calories from Fat	9	Chromium (as nicotinate amino acid chelate)	200 mcg 170%
Total Fat	1 g 2%	Molybdenum (as amino acid chelate)	56 mcg 75%
Polyunsaturated Fat	1 g *	Vanadium (as nicotinate amino acid chelate)	50 mcg *
Vitamin A (as retinyl palmitate and 35% from mixed carotenoid complex)	5,000 IU 100%	Pharmaceutical-Grade Fish Oil	1,000 mg *
Vitamin C (as ascorbic acid)	200 mg 330%	(molecularly purified from sardine, anchovy, mackerel)	
Vitamin D3 (as cholecalciferol)	2,000 IU 500%	EPA (eicosapentaenoic acid, triglyceride)	360 mg *
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100 IU 330%	DHA (docosahexaenoic acid, triglyceride)	240 mg *
Vitamin K (as phytonadione)	80 mcg 100%	Total Omega-3 Fatty Acids	600 mg *
Thiamin (as thiamin mononitrate)	2.25 mg 150%	Proprietary Age-Defying AS-10[®] Blend	470 mg *
Riboflavin (vitamin B2)	2.55 mg 150%	Mixed Carotenoid Complex (contains lutein, lycopene, beta-carotene, astaxanthin, zeaxanthin)	*
Niacin (as inositol hexanicotinate and niacinamide)	30 mg 150%	Alpha Lipoic Acid	*
Vitamin B6 (as pyridoxine HCl)	28 mg 1400%	Citrus Bioflavonoids	*
Folate (as folic acid)	600 mcg 150%	Choline Bitartrate	*
Vitamin B12 (as cyanocobalamin)	9 mcg 150%	Inositol	*
Biotin	500 mcg 170%	Pine Bark Extract	*
Pantothenic Acid (as calcium pantothenate)	15 mg 150%	Resveratrol	*
Calcium (as calcium citrate and carbonate)	500 mg 50%	N-acetylcysteine	*
Iron (as Ferrochel [®] ferrous bisglycinate chelate)	9 mcg 50%	Proprietary Women's MM6[™] Blend	233 mg *
Iodine (from kelp)	150 mcg 100%	Cranberry Concentrate (fruit)	*
Magnesium (as magnesium oxide and di-magnesium malate complex)	300 mg 75%	Soy Isoflavone Extract (bean)	*
Zinc (as amino acid chelate)	15 mg 100%	Horse Chestnut Extract (seed)	*
Selenium (as amino acid complex)	100 mcg 140%	Chaste Tree Berry Extract (fruit)	*
Copper (as amino acid chelate)	1 mg 50%	Boron (as amino acid complex)	*

* Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Microcrystalline cellulose, gelatin (capsule shell), croscarmellose sodium, vegetable stearic acid, purified water, glycerin, vegetable magnesium stearate, macrogol, maltodextrin, silicon dioxide, hypromellose, talc, titanium dioxide, caramel, carmine, polydextrose, medium chain triglycerides, natural lemon and/or vanilla flavor. Contains fish (anchovy, sardine, mackerel), soy, and tree nut (horse chestnut).

Distributed by:

NUGEVITY

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Katy, TX 77450

To report an adverse event, please contact us at the address above.
www.nugevity.com • 800-820-1710

AS 10[®], MM6[™], BioRelease[™] and Pharma-IQ[™] are trademarks of Nugevity. Ferrochel[®] is a registered trademark of Albion Laboratories. Chelates covered by US Patent 7,838,042 and patents pending.

MM6TM FOR WOMEN

six key benefits in one convenient daily packet



Complete Multivitamin*



Age-Defying Antioxidants*



Omega-3 Support*



Bone Strength*



Cardio Health*



Women's Formula*
(hair, skin, nails, veins, hormonal & urinary)

Each MM6TM FOR WOMEN daily packet contains:

- **Two AS 10[®] LIFE tablets (red):** Co-developed with NASA under a Space Act Agreement, this is the most advanced multivitamin in the world. Beyond "A-to-Z" nutrition, AS 10[®] LIFE features a proprietary formula to protect against the signs of aging such as visual and cognitive decline.*
- **Two Women's Formula tablets (pink):** A blend of extracts and micronutrients that promotes healthy hair, skin, nails and veins, as well as hormonal and urinary support.*
- **One Osteo Health tablet (white):** A source of easy-to-absorb calcium, with added vitamin D3 for the support of healthy bone tissue.*
- **One Omega Max softgel (clear):** This high-potency source of omega-3 fatty acids has been molecularly distilled and purified to remove contaminants typically found in fish, such as dioxin and mercury. Its unique BioRelease[™] Triglyceride form provides superior absorption versus other conventional fish oil omega-3 capsules. Clinical evidence suggests that EPA and DHA (the active compounds found in Omega Max) promote cardiovascular, neurological and immune benefits.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.