

Chelated 3 MAG contains three important forms of Magnesium for optimal absorption and utilization.

Magnesium supports:

- Adrenal hormone balance*
- Bone health*
- Cardiovascular functions*
- Detoxification functions*
- Glucose metabolism*
- Mental health*
- Nerve function*
- Tooth enamel*

Color of this product may vary due to color variations of the natural ingredients.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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BodSmith

Chelated 3 MAG
A Dietary Supplement



Gluten Free
120 Vegetarian Capsules

Suggested Use: As a dietary supplement, take four capsules daily. Daily amount may be divided between AM & PM, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Magnesium (Mg Taurate, Mg Glycinate, Mg Malate) 300 mg	71%

Other ingredients: microcrystalline cellulose, hypromellose (capsule), vegetarian leucine.



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