

SILICA

Silica seems to be involved in the health of connective tissue. In bone, silica seems to improve the rates of both bone mineralization and growth. Silica is also important for the manufacturing of other proteins and substances vital to proper connective tissue.

Mixing Instructions: Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

Disclaimer: This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

Complete H₂O Minerals

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www.completeh2ominerals.com



**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

ULTIMATE
SILICA
CONCENTRATE

Dietary Supplement

NET WT. 2oz. (60 mL)

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing. Complete H₂O Minerals contain no fillers or artificial ingredients.

Recommended Dosage:

Adults: 1 mL 10 mg
Children: 0.5 mL 5 mg

or as recommended by a health care professional.

Supplement Facts

Serving Size 1 mL (25 drops) • Servings Per Container 60

	Amount Per Serving	%DV*
Silica	10 mg	1%
Sodium	20 mg	1%

INGREDIENTS: PURIFIED WATER, SODIUM SILICATE (10,000 PPM ELEMENTAL SILICA).

*Percent Daily Value based on a 2,000 calorie diet.

