

Best Red Yeast Rice contains rice that has been naturally fermented with red yeast (*Monascus purpureus*) according to traditional methods. Produced in the U.S.A., this product is similar to red yeast rice that has been used in culinary applications in Asia since at least 800 A.D. It is considered beneficial for adult men and women when taken as part of a lifestyle program that includes regular exercise and a healthy diet.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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**Doctor's
BEST**®

**Science-Based
Nutrition™**

**Dietary
Supplement**

**Best
Red Yeast
Rice 1200** WITH
CoQ10

**BENEFITS ADULT MEN & WOMEN AS
PART OF A HEALTHY LIFESTYLE PLAN***

1200 mg Red Yeast Rice / 180 Tablets
30 mg CoQ10

Supplement Facts

Serving Size 1 tablet
Servings per container 180 servings

	Amount per serving	% Daily Value
Red Yeast Rice	1200 mg	†
Coenzyme Q10	30 mg	†
Black pepper ext. (fruit)(<i>Piper nigrum</i>) (BioPerine®)	1.5 mg	†

† Daily Value not established.

Other ingredients: Cellulose, soy grits, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 tablet daily, with or without food. Do not take more than 2 tablets in a 24-hour period.

Do not use this product if you are pregnant or nursing, have liver disease, are allergic to soy or rice, or have had major surgery or organ transplant surgery within the past six weeks. Discontinue use immediately if muscle pain and tenderness or flu-like symptoms occur. If you are taking prescription medications, consult a physician before taking this product.

Color variation may occur with this natural product.

Suitable for Vegetarians
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS