

Suggested Use:

3 capsules once daily at least 30 minutes before food, pills, or prescriptions or at least 90 minutes after or as directed by a physician.

Contraindicated for persons diagnosed with variegate porphyria.

Keep out of reach of children.

This statement has not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent or cure any disease or illness.



TAKESUMI SUPREME™



Dietary Supplement
90 • 390 mg Vegetable Capsules

Supplement Facts

Serving size: 3 capsules
30 servings

	Amount per serving	% Daily Value
Takesumi (Carbonized bamboo)	1170 mg	†

† Daily value not established.

Other Ingredients:
Vegetable cellulose capsules.

Distributed by:
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