SUGGESTED USE: As a dietary supplement, take two (2) capsules before bedtime with a full glass of water, or as recommended by your healthcare professional. For those with a more sensitive constitution, we recommending taking one (1) capsule before bedtime with a full glass of water.

For best results, Vimerson Health products should be used alongside a healthy diet and regular exercise.

CAUTION: Do not exceed recommended dose. Always consult your healthcare professional before taking this or any dietary supplement, especially if you are under 18. Do not take this product if you are pregnant or nursing, if you have a history of gallstones, bile duct obstruction, or if you are using anticoagulants (blood thinners). You should also consult a professional if you are taking medications or if you have an existing medical condition. Discontinue use and consult your doctor if adverse reaction occurs. Remember that you should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

**ZERO** Hormones, Antibiotics, Preservatives, Soy, Yeast, Sugar, Artificial Ingredients/Flavors.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WRAP IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

## Vimerson Health®

GMO Free, Gluten Free, Dairy Free

## IURNERIC MELATONIN VALERIAN

Promotes Healthy & Undisturbed Sleep Cycles\*

✓ Enhances Energy & Improves Mood\*

Supports Joint Health, Flexibility & Fluidity\*

Encourages Tranquility & Promotes Relaxation\*

60 VEGETARIAN CAPSULES
Natural Dietary Supplement



## Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	% DV
Organic Turmeric Root (Curcuma longa)	400 mg	**
Turmeric Root Extract (Std. to 95% Curcuminoids) (Curcuma longa)	100 mg	**
Melatonin	3 mg	**
Valerian Root (Valeriana officinalis)	450 mg	**
L-Theanine	100 mg	**
Ginger Root (Zingiber officinale)	50 mg	**
Cinnamon Bark (Cinnamomun cassia)	50 mg	**
BioPerine® Black Pepper Extract (Black Pepper Extract; Piper nigrum; Fruit)	10 mg	**
** Daily Value (DVD		1

\*\* Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose.

Manufactured for and exclusively sold by:

## Vimerson Health®

205 N Michigan Ave, #810. Chicago, IL 60601. USA













Expiration date