

Suggested Usage: Take 1 capsule twice daily with food.

Saffron is a well-known culinary herb that has been used for centuries but has only recently been scientifically studied. Recent research indicates that saffron can help to support a positive mood, a relaxed attitude, and may also promote restful sleep.* Other studies suggest that saffron may help to support a balanced immune response and is a powerful free radical neutralizer.* NOW uses only whole saffron stigma powder, not an extract.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

CAPSULE SIZE

CODE 4791 V1



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Saffron

50 mg

Mood Support*

- May Help Maintain a Positive Mood and Relaxed Attitude*
- Whole Stigma, 10% Crocins

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Saffron	50 mg**
(<i>Crocus sativus</i>) (Stigma)	
(Standardized to min. 10% Total Crocins)	

** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

