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Expiration date
printed on the
bottom.

SUGGESTED USE: As a dietary supplement, take two (2) capsules together once per day 30 minutes before bedtime with a full glass of water, or as directed by your healthcare professional. For those with a more sensitive constitution, we recommend taking one (1) capsule at a time with a 30 minutes interval, before bedtime, or just two (2) capsules before bedtime.

For best results, Vimerson Health products should be used alongside a healthy diet and regular exercise.

CAUTION: Do not exceed recommended dose. Always consult your healthcare professional before taking this or any dietary supplement, especially if you are under 18, pregnant and/or nursing mother. You should also consult a professional if you are taking medications or if you have an existing medical condition. Discontinue use and consult your doctor if adverse reaction occurs. Remember that you should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

ZERO Antibiotics, Preservatives, Yeast, Sugar, Binders, Starch, Artificial Flavors.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY WRAP IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Vimerson Health®

GMO Free, Gluten Free, Dairy Free, Soy Free

NATURAL SLEEP AID

- ✓ Relaxing & Calming Blend*
- ✓ Anxiety & Stress Reducer*
- ✓ Promotes Deep Sleep Cycles*
- ✓ Wake Up & Feel Refreshed*



60 VEGETARIAN CAPSULES
Natural Dietary Supplement

30 DAY SUPPLY

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B6 (as Pyridoxine HCl)	1.8 mg	106%
Calcium (as Calcium Carbonate)	18 mg	1.4%
Magnesium (as Magnesium Citrate)	13 mg	3%
Sleep Formula Proprietary Blend	1071 mg	**

L-Tryptophan, Valerian Root (*Valeriana officinalis*), Goji Berry (Wolfberry) (*Lycium barbarum*), Chamomile Herb (*Matricaria recutita*), Lemon Balm (*Melissa officinalis*) (aerial parts), Passionflower Herb (*Passiflora incarnata*), L-Taurine, Hops Flower (*Humulus lupulus*), St. John's Wort (*Hypericum perforatum*) (aerial parts), Gamma Aminobutyric Acid (GABA), Chinese Skullcap Root (*Scutellaria baicalensis*), L-Theanine, Ashwagandha Root (*Withania somnifera*), Inositol, 5-Hydroxytryptophan (5-HTP), Melatonin.

** Daily Value (DV) not established. Percent based on a 2,000 calorie diet.

Other ingredients: Vegetable Cellulose (capsule), Microcrystalline Cellulose, Magnesium Stearate, Silica.

Manufactured for and exclusively sold by:

Vimerson Health®

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