

L-tryptophan is an essential amino acid (protein building block) in human nutrition. Essential amino acids are not synthesized by the body and must be obtained in the diet. The L-tryptophan in this product is manufactured and tested for purity according to the Japanese Pharmacopeia (JP) and the United States Pharmacopeia (USP) standards. Vitamin B6 is an essential cofactor in the conversion of tryptophan, while niacinamide plays an important role in allowing our body to properly utilize this essential amino acid.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Distributed by **Doctor's Best, Inc.**

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Doctor's BEST®

Science-Based
Nutrition™

Dietary
Supplement

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Pharmaceutical
Grade

Best L-Tryptophan Enhanced

with **Vit. B6 & Niacinamide**

Featuring
Ajinomoto's **TryptoPure™**

500mg L-Tryptophan / 90 Veggie Caps

Supplement Facts

Serving Size 1 capsule

Servings per container 90 servings

	Amount per serving	% Daily Value
Niacin (as niacinamide)	20mg	100%
Vitamin B6 (from 17.6 mg pyridoxal 5-phosphate)	10mg	500%
Ajinomoto L-Tryptophan	500mg	†

† Daily Value not established.

Other ingredients: Modified cellulose (vegetarian capsule), cellulose, magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: 1 or 2 capsules daily. For optimum absorption, take separately from protein-containing foods and dietary supplements containing protein or amino acids.



AJIPURE™
AMINO ACIDS

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Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS