

SUGGESTED USE: As a dietary supplement, take two (2) capsules together daily with a full glass of water, or as directed by your healthcare professional. For those with a more sensitive constitution, we recommend taking one (1) capsule daily.

For best results, Vimerson Health products should be used alongside a healthy diet and regular exercise.

CAUTION: Do not exceed recommended dose. Always consult your healthcare professional before taking this or any dietary supplement, especially if you are under 18, pregnant and/or a nursing mother. You should also consult a professional if you are taking medications or if you have an existing medical condition. Discontinue use and consult your doctor if adverse reaction occurs. Remember that you should not take supplements as a substitute for a varied balanced diet or healthy lifestyle.

ZERO Hormones, Antibiotics, Preservatives, Soy, Yeast, Artificial Ingredients/Flavors.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY WRAP IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Vimerson Health®

GMO Free, Gluten Free, Dairy Free

MAGNESIUM GLYCINATE

- ✓ Aids In Relaxation & Calmness*
- ✓ Promotes Joint & Muscle Comfort*
- ✓ Helps Maintain Strong & Healthy Bones*
- ✓ Balances Mood & Nervous System*



60 VEGETARIAN CAPSULES
Dietary Supplement

30 DAY
SUPPLY

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Magnesium (as magnesium glycinate)	200 mg	48%

†Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Hypromellose (Capsule), Rice Hull.

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Manufactured for and exclusively sold by:

Vimerson Health®

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