

MAGNESIUM

Magnesium is one of the most important minerals. It is found in the body, principally in the cells and skeleton. Many biological processes are dependent upon magnesium. Magnesium is involved in more than 200 enzymes and the utilization of energy-rich ATP. Not surprisingly, magnesium deficiency gives rise to a very broad syndrome, with symptoms including growth failure, pallor weakness, tremors, muscle and nerve irritability, electromyographic changes, hypocalcemia and hypokalemia.

Mixing Instructions: Mix with 8 to 10 ounces of juice or water.

In processing, FDA & GMP guidelines are observed and strictly followed.

Disclaimer: This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured for:

Complete H₂O Minerals

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www.completeh2ominerals.com



**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

**ULTIMATE
MAGNESIUM
CONCENTRATE**
Dietary Supplement

NET WT. 2oz. (60 mL)

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing. Complete H₂O Minerals contain no fillers or artificial ingredients.

Recommended Dosage:

Adults:	1 mL	120 mg
Children:	0.5 mL	60 mg

or as recommended by a health care professional.

Supplement Facts

Serving Size 1 mL (25 drops) • Servings Per Container 60

	Amount Per Serving	%DV*
Magnesium Chloride	120 mg	13%
	393 mg	20%

INGREDIENTS: PURIFIED WATER, MAGNESIUM CHLORIDE (120,000 PPM ELEMENTAL MAGNESIUM).

*Percent Daily Value based on a 2,000 calorie diet.



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