

### Complete H<sub>2</sub>O Minerals

**Cobalt** is a cofactor and activator for many enzymes. Cobalt is the central metal component for the vitamin B12. Cobalt is also a necessary cofactor for the production of thyroid hormones.

In processing, FDA & GMP guidelines are observed and strictly followed.

**Mixing Instructions:** Mix with 8 to 10 ounces of juice or water.

**Disclaimer:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

1-800-15813

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Manufactured for:  
**Complete H<sub>2</sub>O Minerals**

1-877-MINERALS  
(1-877-646-3725)  
[www.completeh2ominerals.com](http://www.completeh2ominerals.com)



**QUALITY PRODUCTS  
FOR A QUALITY LIFE!**

# COBALT

**CONCENTRATE**

**Dietary  
Supplement**

**NET WT. 16oz (1 pint) 473mL**

### Complete H<sub>2</sub>O Minerals

For best results, store in a cool, dark place and use within six months.

**NOTE:** Do not use if tamper seal is broken or missing.

Complete H<sub>2</sub>O Minerals contain no fillers or artificial ingredients.

#### Recommended Dosage:

Adults: 1 Tsp 150 mcg  
Children: 1/2 Tsp 75 mcg  
or as recommended by a health care professional.

#### Supplement Facts

Serving Size 1 tsp. (5mL)  
Servings Per Container 96

|        | Amount Per Serving | %DV* |
|--------|--------------------|------|
| Cobalt | 150 mcg            | 500% |

**INGREDIENTS:** PURIFIED WATER, COBALT CHLORIDE (30 PPM ELEMENTAL COBALT), BENZOIC ACID.

\*Percent Daily Value based on a 2,000 calorie diet.



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