

**BETTER SLEEP FOR
A BETTER TOMORROW***



A good night's sleep means a better tomorrow. Nature's Way® Melatonin Gummies help you fall asleep faster by supplementing melatonin, a hormone naturally found in the body.* Each serving contains 5 mg melatonin to help support sleep quality and a healthy sleep cycle, so you can greet the morning well-rested and function better during the day.*

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, yeast-derived ingredients, soy, gelatin, peanuts, eggs, or dairy.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MELATONIN — GUMMIES —

HELPS YOU FALL ASLEEP FASTER*
NON-HABIT FORMING SLEEP SUPPORT*

STRAWBERRY FLAVORED

**100%
Drug-Free**

120 GUMMIES | 5 MG per 2 Gummy Serving

DIETARY SUPPLEMENT

Recommendation: Adults chew 2 gummies 30-60 minutes before bed. Do not exceed recommended dose. Not formulated for children. For occasional sleeplessness.

Warning: Do not use this product if you are pregnant, attempting to become pregnant, nursing, taking any medications, being treated for depression, diabetes, seizures, blood clotting disorders, or disorders of the immune or endocrine systems, unless advised by a healthcare professional. Avoid taking with alcohol or products that increase drowsiness. Do not take melatonin while operating a motor vehicle or machinery, and do not exceed suggested dose without the advice of a healthcare professional.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 60

Amount per Serving		% DV
Calories	15	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%†
Melatonin	5 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, citric acid, natural flavor, fruit juice color, sodium citrate, coconut oil, carnauba wax