

We believe that Amazing Nutrition™ is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Amazing Nutrition's Holy Basil is made from the leaves of the *Ocimum sanctum* plant. Holy Basil has been revered for its medicinal value throughout India for thousands of years.* As an ayurvedic herb, it is used as an "adaptogen" to counter life's stresses.* Holy Basil supports healthy mood and promotes calm and wellness.*

KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

Manufactured for & Distributed by:
Amazing Nutrition
Jersey City NJ 07310
1-800-526-0177
www.amazingnutrition.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, prevent, treat or diagnose any disease.



500 MG
120 CAPSULES



AMAZING AN NUTRITION

AMAZING  FORMULAS

DIETARY SUPPLEMENT

Holy Basil

- ✓ Promotes Calm & Wellness*
- ✓ Helps Provide Healthy Mood Support*
- ✓ Supports Healthy Adrenals*

Supplement Facts

Serving Size: 1 Capsule	Serving Per Container: 120	
	Amount Per Serving	% Daily Value
Holy Basil (<i>Ocimum Sanctum</i>) Extract 4:1	500 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Rice Flour, Microcrystalline Cellulose 102, Magnesium Stearate (Vegetarian), Cellulose

SUGGESTED USE: As a dietary supplement, adults take one (1) capsule 1 to 2 times daily, preferably with meals or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

CONTAINS NO: Shellfish, Egg, Fish, Peanuts, Milk, Soy, Tree Nuts or Wheat