

STRESS SUPPORT  
TO CALM YOUR MIND\*



L-Theanine is an amino acid. This patented form of Suntheanine® L-Theanine promotes relaxation and provides stress support so you can calm your mind.\* It fosters a restful, relaxed state without diminishing daytime alertness.\*

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



## L-THEANINE

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60 VEG CAPSULES | 200 MG per Serving  
DIETARY SUPPLEMENT

**Recommendation:** Adults, take 2 capsules one to two times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

### Supplement Facts

Serving Size 2 Capsules

Servings per Container 30

| Amount per Serving | % DV |
|--------------------|------|
|--------------------|------|

|                           |          |
|---------------------------|----------|
| L-Theanine (Suntheanine®) | 200 mg** |
|---------------------------|----------|

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), magnesium stearate

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

**GLUTEN FREE.** No yeast-derived ingredients, corn, wheat, soy, dairy, or artificial colors, flavors, or preservatives.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc.

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Green Bay, WI 54311 USA

**Questions?** 1-800-9NATURE /  
naturesway.com

◆ LG09556.A01 BLK955A



BOTTLES MADE  
FROM 97%  
POST-CONSUMER  
RECYCLED PLASTIC

