

We believe that Amazing Nutrition™ is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

L-Theanine is a relaxing and non-dietary amino acid found in tea leaves. L-Theanine helps to regulate aspects of brain function in humans. More specifically, L-Theanine helps to increase the activity in the alpha frequency band which indicates that it relaxes the mind without inducing drowsiness.* L-Theanine may also help to reduce stress and promote cognition and mental alertness.*

KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

Manufactured for and Distributed by:
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, prevent, treat or diagnose any disease.



AMAZING AN NUTRITION

AMAZING  FORMULAS

DIETARY SUPPLEMENT

L-Theanine

- ✔ Supports Relaxation*
- ✔ Helps To Reduce Stress*
- ✔ Promotes Cognition & Mental Alertness*

200 MG
120 VCAPS



Supplement Facts

Serving Size: 1 VCap	Serving Per Container: 120	
	Amount Per Serving	%Daily Value
L-Theanine	200 mg	100%

**Daily Value not established.

OTHER INGREDIENTS: Cellulose (Capsule Shell), Cellulose, Magnesium Stearate and Silica.

SUGGESTED USE: As a dietary supplement, adults take one (1) vegetarian capsule daily on an empty stomach or as directed by a health care professional.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.