

Suggested Use: Take 3 capsules after breakfast. For optimal results, take 3 additional capsules after lunch or as recommended by a physician.

Caution: Not intended for anyone under the age of 18 without adult supervision.

Do not use if you are pregnant, nursing, or have any medical conditions.

Consult your physician prior to use if you are taking any medications.

KEEP OUT OF THE REACH OF CHILDREN

Store product at room temperature. Do not expose to excessive heat or moisture.

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Manufactured in the USA for:

CaptaVida, Inc.
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Tarpon Springs, FL 34689
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CaptaVida™ is a registered trademark of CaptaVida, Inc.

Manufactured in an FDA Registered Facility

REV040821



SUPPLEMENT FACTS

Serving Size: 3 Capsules
Servings Per Container: 10

	Amount per serving	%DV
Biotin	7.5 mcg	25%
Chromium (as Chromium Picolinate)	500 mcg	1429%

Proprietary Blend: 1622 mg **

Berberine HCl (Berberis aristata) (Bark), Bitter Melon Extract (Momordica charantia) (Fruit), Curcumin Extract (Curcuma longa), Alpha Lipoic Acid, Garcinia Cambogia Extract (Fruit), Cinnamon (Cinnamomum verum) (Bark), Panax Ginseng (Root) Extract, Aloe Vera (Aloe barbadensis) (Leaf), Bay Leaf (Laurus Nobilis L) Powder

*% Daily Value are based on a 2,000 calorie diet
**Daily Value not established

Other Ingredients: Vegetarian Capsule, Microcrystalline Cellulose, Dicalcium Phosphate, Vegetable Stearate, Silicon Dioxide

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat, or prevent any disease.

