

**SUPPORTS
LIVER FUNCTION***

Milk Thistle has been used for over 2,000 years. There's a specific substance in Milk Thistle (silymarin) that has been shown to support liver function.* Nature's Way® Milk Thistle is standardized to ensure consistent levels of silymarin.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



✱ PREMIUM BLEND ✱

MILK THISTLE

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120 VEGAN CAPSULES | 80% SILYMARIN

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule three times daily with food or water. **Caution:** Individuals with allergies to plants of the *Asteraceae (Compositae)* family, including ragweed, should use this product with caution. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Milk Thistle Seed Extract standardized to 80% silymarin (140 mg)	175 mg**
Blessed Thistle (stem, leaf, flower)	120 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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