

We believe that Amazing Nutrition® is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

L-Tryptophan is an essential amino acid that the body requires to synthesize proteins and specialized molecules. It is critical for the production of serotonin and melatonin hormones for support positive mood, relaxation, healthy sleep patterns and stress relief.* L-Tryptophan also helps support immune functions, as it is the body's precursor to the lymphines which regulate immunity.* If needed, L-Tryptophan converts to niacin in the body, which supports circulation, healthy nervous system, metabolism of food, and production of hydrochloric acid for the digestive system.*

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Product # 21958

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AMAZING AN NUTRITION

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DIETARY SUPPLEMENT

L-Tryptophan

* These statements have not been evaluated by the FDA and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:
AMAZING NUTRITION®
An FDA Regulated Facility
Jersey City, NJ 07310



1,000 MG
120 TABLETS



Supplement Facts

Serving Size 1 Tablet
Serving Per Container 120

Amount Per Serving	% Daily Value
L-Tryptophan (Free-Form)	1,000 mg

* Daily Value not established

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide and Magnesium Stearate.

SUGGESTED USE: As a dietary supplement, adults take one (1) to two (2) tablets 2 to 3 times daily on an empty stomach or as directed by a health care professional. Best used at bedtime.

CUTION: Pregnant or lactating women, those taking antidepressant medications (such as SSRIs or MAOIs) or those with liver disorders consult a health care professional before using this product. May cause drowsiness.

CONTAINS NO: Preservatives, Artificial Color, Flavor or Sweetener, Sugar, Lactose, Soy, Gluten, Wheat, Yeast, Egg or Corn.