

We believe that **Amazing Nutrition**® is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

**DIM** (Diindolylmethane) is a natural organic compound found in cruciferous vegetables. DIM promotes healthy estrogen metabolism that is significant for continued good health.\* Properly balanced estrogen levels may also support weight loss by stimulating fat breakdown and promoting lean muscle mass.\* DIM promotes healthy hormone balance that may help you achieve peak exercise efficiency and healthy aging.\* DIM also supports cell and immune health by promoting normal cells to produce enzymes that may help eliminate toxins.\*

Shop Online At:  
amazingnutrition.com  
Product # 23931

Call Toll-Free:  
1-800-526-0177



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:  
**AMAZING NUTRITION**®  
An FDA Regulated Facility  
Jersey City, NJ 07310



AMAZING **AN** NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

**D I M**

- Promotes Estrogen Metabolism\*
- Supports Healthy Weight Management\*
- Supports Cell & Immune Health\*

**100 MG**  
**120 TABLETS**



## Supplement Facts

Serving Size 1 Tablet

Serving Per Container 120

Amount Per Serving		% Daily Value
Vitamin E (as d-Alpha Tocopheryl Succinate)	50 IU	167%
DIM (Diindolylmethane)	100 mg	**
Lecithin	100 mg	**
BoPerine® (Piper nigrum extract) (fruit)	3 mg	**

\*\* Daily Value not established

OTHER INGREDIENTS: Di-Calcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Silica and Pharmaceutical Glaze.

SUGGESTED USE: As a dietary supplement, adults take one (1) tablet twice daily or as directed by a health care professional.

CAUTION: Contains Soy. If you are pregnant, nursing, taking any medication(s), planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

CONTAINS NO: Preservatives, Artificial Flavors or Sweeteners, Sugar, Milk, Glutens, Wheat, Yeast or Fish.

BoPerine® is a registered trademark of Sabinsa Corporation.