

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

AMAZING **AN** NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

Magnesium Glycinate

Supplement Facts

Serving Size 2,200 milligrams Serving Per Container 113

	Amount Per Serving	% Daily Value*
Magnesium (as Magnesium Glycinate)	401 mg	100%

* Percent Daily Values based on a 2,000 calorie diet.

** % Daily Values not established.

OTHER INGREDIENTS: None.

SUGGESTED USE: As a dietary supplement, adults take 1,000 mg (1/4 teaspoon) to 2,200 mg (slightly more than 1/2 teaspoon) daily with a meal or as directed by a health care professional.

CAUTION: This product is only intended to be consumed by healthy individuals 18 years or older. Not intended for use by pregnant or nursing women or individuals with a serious medical condition. Do not exceed recommended use. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use two weeks prior to surgery. Contents are sold by weight not volume. Some settling may occur.

CONTAINS NO: Additives, Sugar, Milk, Lactose, Soy, Gluten, Wheat, Tree Nuts or Eggs.



Shop Online At:
amazingnutrition.com
 Product # 8493

Call Toll-Free:
 1-800-526-0177

KEEP OUT OF REACH OF CHILDREN.
 STORE IN A COOL, DRY PLACE.
 DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for & Distributed by:
 Amazing Nutrition®
 Jersey City, NJ 07310 USA

US STANDARD MEASURING SPOON

Spoon Size (level)	milligrams
1/4 teaspoon	50
1/2 teaspoon	100
1 teaspoon	200



NET WT. 250 G

113 SERVINGS

- Calming & Relaxing Effect*
- Supports Nervous System Functions*
- Promotes Positive Mood*

