

We believe that **Amazing Nutrition**[®] is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Creatine is an organic acid that plays a key role in supplying energy for muscle cells during intense activity such as exercise.* It is stored in muscle cells to help produce ATP, which is considered to be the energy currency of life.* Supplementing with Creatine may help to increase muscle mass, improve athletic performance, and increase muscle protein synthesis.*

KEEP OUT OF REACH OF CHILDREN

STORE IN A COOL, DRY PLACE

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.*

Manufactured for & Distributed by: Amazing Nutrition
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1 KG

200 SERVINGS



AMAZING  NUTRITION[®]

AMAZING  FORMULAS[™]

DIETARY SUPPLEMENT

Creatine

- ✓ Supports ATP Production*
- ✓ Promotes Athletic Performance*
- ✓ Supports Lean Muscle Mass*

Supplement Facts

| Serving Size: 1 Scoop (5 g) | Serving Per Container: 200 | |
|----------------------------------|----------------------------|---------------|
| | Amount Per Serving | % Daily Value |
| Creatine Monohydrate | 5 g | ** |
| ** % Daily Value not established | | |

OTHER INGREDIENTS: None.

SUGGESTED USE: As a dietary supplement, adults take one (1) scoop of powder with 8-12 ounces of water or juice. To maximize results, drink 8-10 glasses of water daily or as directed by a health care professional.

CAUTION: This product is only intended to be consumed by healthy individuals 18 years or older. Consult a physician if you are pregnant or nursing, taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use two weeks prior to surgery. Contents are sold by weight not volume. Some settling may occur.

CONTAINS NO: Artificial Color, Flavor, Sweetener, Preservatives, Sugar, Starch, Milk, Lactose, Wheat, Yeast, Fish or Sodium.