

AMAZING  NUTRITION®

AMAZING  FORMULAS™  
DIETARY SUPPLEMENT

# Magnesium Citrate

## Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size: 1/2 Level Teaspoon (1.7 g)		Serving Per Container: Approx. 511
Magnesium (Citrate)	250 mg	63%

\*\*\* % Daily Value not established

OTHER INGREDIENTS: None.

We believe that Amazing Nutrition® is the key for Healthy Living. We are passionate about bringing you the best selection of products which can perfectly complement a healthy diet and active lifestyle.

Amazing Nutrition's Magnesium Citrate is a compound of magnesium carbonate and citric acid. Magnesium Citrate is vital in maintaining normal cell, nerve, bone and muscle functions, supporting a healthy immune system and cardiovascular health\* Magnesium Citrate may also support colon health and plays a part in protein synthesis and energy metabolism.\*\*

KEEP OUT OF REACH OF CHILDREN

STORE IN A COOL, DRY PLACE

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, prevent, treat or diagnose any disease.

Manufactured for & Distributed by: Amazing Nutrition

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[www.amazingnutrition.com](http://www.amazingnutrition.com)



2 LBS

533  
SERVINGS

250 MG  
PER SERVING



- ✔ Supports Cardiovascular & Immune Health\*
- ✔ Supports Energy Production\*
- ✔ Supports Muscle & Nerve Functions\*

**SUGGESTED USE:** As a dietary supplement, adults take 1/2 level teaspoon of powder daily with 4 to 8 ounces of juice or water or as directed by a health care professional. The powder must be completely diluted into liquid before ingestion.

**CAUTION:** This product is only intended to be consumed by healthy individuals 18 years or older. Consult a physician if you are pregnant or nursing, taking any medications or have any medical condition. Do not exceed recommended use. Improper use will not improve results. Discontinue use and seek professional assistance immediately if you experience unwanted side effects. Discontinue use two weeks prior to surgery. Contents are sold by weight not volume. Some settling may occur.

**CONTAINS NO:** Artificial Colors, Flavor, Sweeteners, Preservatives, Soy, Sugar, Starch, Milk, Lactose, Wheat, Yeast, Fish or Shellfish.