

We believe that Amazing Nutrition® is the key to healthy living. We are passionate about bringing you the finest selection of products that can perfectly complement a healthy diet and active lifestyle.

Melatonin is a hormone that naturally occurs in the brain. It is made by the pineal gland. Melatonin circulates through a daily cycle so that there is a higher concentration of it at night.* At night, higher levels of Melatonin is held by the body to induce and maintain sleep.* Therefore, Melatonin supplements taken at bedtime supports the body's natural process for facilitating sleep.* It may also help falling asleep faster and staying asleep all night.*

Shop Online At:
 amazingnutrition.com
 Product # 28448

Call Toll Free:
 1-800-528-8177



AMAZING  NUTRITION

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DIETARY SUPPLEMENT

Melatonin

Fast Dissolving Tablets

Supplement Facts

Serving Size 1 Tablet
 Serving Per Container 90

Amount Per Serving	% DV
Melatonin (as N-Acetyl-5-Methoxytryptamine)	1 mg --

-- Daily Value not established

OTHER INGREDIENTS: Dextrose, Magnesium Stearate, Cellulose, Silica Dioxide, Natural & Artificial Flavor and Sucralose.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by
 AMAZING NUTRITION®
 An FDA Registered Facility
 Jersey City, NJ 07310

- ✔ Helps Fall Asleep Fast & Stay Asleep All Night*
- ✔ Helps Regulate Sleep Cycle*
- ✔ Calming & Relaxing Effect*



STRAWBERRY
 FLAVOR



1 MG
 90 TABLETS



WARNING: Is a dietary supplement, adults take 1-2 tablets at bedtime as Melatonin may produce drowsiness or as directed by a health care professional.

CAUTION: Not intended for use by pregnant or nursing women and children under the age of 18. If you are taking any medication or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reaction occur. Do not drive, operate machinery or consume alcohol when taking Melatonin. Limit use to two months with a break of one week in between.

CONTAINS NO: Preservatives, Artificial Colors, Flavor or Sweeteners, Yeast, Milk, Lactose, Soy, Gluten, Wheat, Insect or Fish.